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IDEAS – Journal Guidelines

1. Submitted full papers must include the:
 - a. First and Last Names of the Authors (First page)
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 - c. Contact details: Email Address & Contact Number (First Page)
 - d. Full title of the paper (Second Page)
 2. The full paper must include an abstract, introduction, review of literature, methodology, results and discussions, conclusions, limitations, recommendations and references.
 3. Contributions will be accepted by authors from all programs and specializations.
 4. Only original work done by the participating authors will be accepted.
 5. All the papers will be peer-reviewed by experts.
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FORMAT GUIDELINES:

- A4 Paper Orientation
- 1"margin, justified alignment
- Font size 12, Times New Roman
- Double line spacing
- Centre alignment for Title -font 12 in bold
- Authors' names in bold
- Abstract – 200 to 250 words
- Keywords 4-5
- *, **Affiliation – normal text
- TABLES & HEADINGS:
 - All the headings, subheadings must be in bold.
 - Table headings must appear on top of the table.
 - Figure and picture headings should be at the bottom and must be numbered sequentially.
 - Tables and figures must be submitted on separate pages.
- References must be in the APA 7th Edition format (PFA for details).

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