



Seva Mandal Education Society's
Dr. Bhanuben Mahendra Nanavati College of Home Science
(Empowered Autonomous Status)

Naac Re-accredited 'A+' Grade with CGPA of 3.69/4

UGC Status: College with Potential for Excellence | "Best College Award 2016-17" adjudged by S.N.D.T. Women's
University Selected under "Enhancing quality & Excellence in Select Autonomous Colleges Scheme" by RUSA



THREADS OF TIME WEAVING THE PAST & PRESENT

CELEBRATING 40 YEARS OF EXCELLENCE

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Seva Mandal Education Society

Dr. Bhanuben Mahendra Nanavati College of HOME Science

NAAC Reaccredited Grade A+ with CGPA 3.69/4

Smt. Parameshwari Devi Garodia Educational Complex,

338, R.A Kidwai Road, Matunga, Mumbai.

2025



From the Editorial Team

As we stand at the threshold of a remarkable milestone, we, the editorial team, take immense pride in celebrating the 40th anniversary of our esteemed institution. This is not just a celebration of time but of the values, achievements, and aspirations that have shaped our college into what it is today—a beacon of knowledge, growth, and transformation.

Generations of dedicated faculty members have shaped young minds, fostering intellect and values of integrity, perseverance, and social responsibility. Their tireless efforts, along with the support of the administration and staff, have been instrumental in upholding the reputation of our college as a center of learning and excellence.

We acknowledge and thank the management, staff members and students who contributed to creating this special issue. What started as a modest attempt to bring back fond memories evolved into a sweet cascade of sentimental moments. In the course of daily activities, it is easy to forget how many people came before us, how many began the legacy we currently hold, and why it all started in the first place. It helps to take a moment to reflect on the purpose of everything we do today.

Let us carry forward the legacy of excellence with renewed enthusiasm. Together, let us build a future that is as glorious as our past. Here's to 40 years of success, growth, and inspiration—and to many more ahead!

Happy 40th Anniversary!

SEVA MANDAL EDUCATION SOCIETY

Seva Mandal Education Society has been a pioneer in providing qualitative educational facilities to girl students for the last seven decades. We started on a humble note in 1957 with just seven students and today our campus which is located in the central suburb of Matunga houses eight institutions with over 6000 female students. We offer every educational opportunity ranging from Junior college to undergraduate programs postgraduate programs and certificate courses in faculties of Arts, Commerce, Home Science, Computer applications, Management, Mass Media, Law and Nursing.

Our vision statement is the “Empowerment of Women through Quality in Education” and it is our objective to ensure that female students who would have otherwise been denied the opportunity for education are given the chance to pursue their dreams.



SMES constructs a second building named as Dr. Bhanuben Mahendra Nanavati College of Home Science, Smt Hiraben Manilal Nanavati Junior College and Smt Sharadaben Champaklal Nanavati Institute (Polytechnic), 1984.



Bhoomi Poojan of Dr BMN College, 1983

Dr BMN College of Home Science was re-accredited by the National Assessment & Accreditation Council (NAAC) with ‘A+ Grade’ and CGPA 3.69/4. In May 2016, we received UGC status of ‘College with Potential for Excellence’. In July 2017 we received the best college award from S.N.D.T. Women’s University.

Our college has been among the few prestigious colleges in Mumbai to have received a sanction of Rs 5 crore grant from Rashtriya Uchchatar Shiksha Abhiyan (RUSA) under the "Enhancing Quality and Excellence in Select Autonomous Colleges Scheme". The College received ‘Empowered Autonomous Status in 2024 and implemented NEP (2020) in the academic year 2023-24.

OUR PROUD HISTORY

1957

In 1957, Shri Matunga Gujarati Seva Mandal began its journey by tutoring seven students for exams conducted by SNDT Women's University.

1984

In 1984, with a generous donation of ₹30 lakhs from the Manilal Vadilal Nanavati Charitable Trust, a second 24,000 sq. ft. building was constructed. This became home to the Dr. Bhanuben Mahendra Nanavati College of Home Science, Smt. Hiraben Manilal Nanavati Junior College, and Smt. Shardaben Champaklal Nanavati Institute (Polytechnic).

1994

In 1994, Minority status was allotted to Dr. BMN.

1st NAAC Cycle Accredited B+ Grade

2002

Dr. BMN College of Home Science awarded A Grade with CGPA 3.64/4 by NAAC

2011

Dr. BMN College of Home science introduces Gandhian Studies Centre through a grant of Rs 10.5 lakhs.

2013

Dr. BMN College of Home science awarded UGC status of college with potential excellence (CPE)..

2016

2017

Dr. BMN College of Home Science awarded 'A+' Grade with CGPA 3.69/4 by NACC Re-accredited 3rd cycle.

Dr. BMN College received Autonomous status.

Dr. BMN College of Home Science received "The Best College Award 2016-17" adjudged by SNTD Women's university.

2018

Dr. BMN was selected for UGC Grant from Rashtriya Uchchatar Shiksha Abhiyan (RUSA) under the scheme Enhancing Quality and Excellence in select Autonomous Colleges.

2019

STRIDE research capacity building centre - 2020

2020

Dr. BMN College of Home Science implemented New Education Policy (NEP).

2023

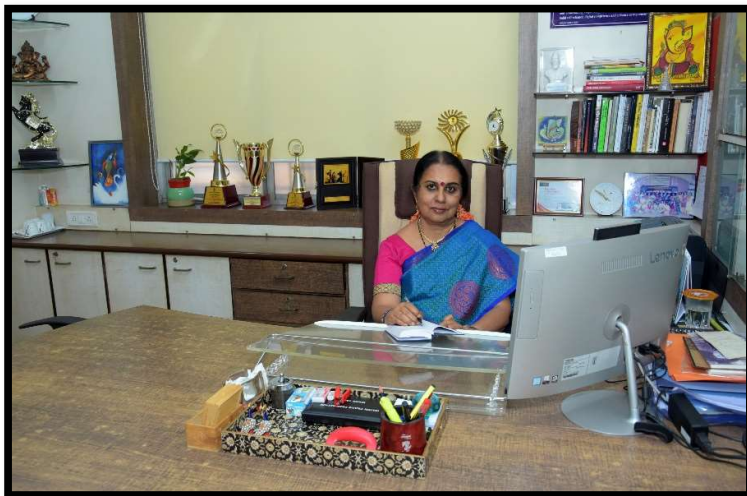
Dr. BMN College of Home Science was granted the status of "Empowered Autonomous", July 2024.

2024

From the Principal's Desk

Prof Dr Mala Pandurang

Principal, Dr BMN College of Home Science (2019-Till Date)



I joined Dr. BMN College on 14 June 1994 as an English lecturer, starting my very first teaching job. At the time, I wasn't sure if teaching would be my long-term career. But within a month, I realized I had found my true calling. Dr. BMN became more than just a workplace—it became my second home.

Looking back over the past 30 years, the journey has been tremendously enriching. I began by teaching English and related subjects, while also serving as the class teacher for FY B.Sc. students for nearly 12 years. Later, I had the honour of working as the IQAC coordinator, helping guide the college through three National

Assessment and Accreditation Cycles, during which we achieved a progressive A+ grade. From there, I served as Vice-Principal and eventually became the Principal of Dr. BMN, an autonomous college, and more recently, empowered autonomous. This journey has been one of growth, not just for the institution, but for me as well.

What truly makes Dr. BMN special is the academics, a sense of social responsibility, and our commitment to a greater cause. The “BMNites family”—comprising the SMES, management, faculty, non-teaching staff, and students—define the heart and soul of this institution. The warmth, mutual

respect, and celebration of diversity on campus create an environment full of positive energy. We work compassionately, encouraging each other to reach our fullest potential. At Dr. BMN, the bonds we form go far beyond the classroom, lasting a lifetime.

I'm deeply grateful to my exceptional students, and colleagues, whose creativity and innovation never cease to amaze me. Our alumni, who are spread across the globe, often return to remind us that Dr. BMN was the foundation of an important chapter in their lives. We owe the most of our success to the Seva Education Society Management members, who lead with dedication, integrity, and a strong sense of ethics that inspire us all to uphold our values at all times. Life is a journey of continuous learning.

Let's strive to keep growing every day and take our college to even greater heights. As we celebrate the milestone of 40 years, let's honour everything Dr. BMN stands for—and pledge to take our institution to new levels of excellence!

DR DILIP TRIVEDI

President, Seva Mandal Education Society



As Seva Mandal Education Society (SMES) celebrates its Ruby Jubilee, Dr. Dilip Trivedi, President of SMES, shared his reflections on the institution's remarkable 40-year journey. Dr. Trivedi, who has been associated with SMES for decades, provided a glimpse into its history, challenges, and vision for the future.

The story of SMES began in 1957, driven by its founders' vision to provide educational opportunities for women. "Our forefathers believed educating girls would uplift families and society," Dr. Trivedi explained. The institution has grown into a network of four colleges offering diverse courses starting with just seven students in the Matunga Gujarati Seva Mandal building. Reflecting on his journey, Dr. Trivedi shared, "I joined as a managing committee member in the 1980s, later became vice president, and have been serving as president for 20 years now." Over this time, the institution has achieved milestones such as moving to the MMP Shah building in 1972, inaugurated by President

V.V. Giri, and expanding its student body to over 700.

When asked about the challenges faced during the initial years, Dr. Trivedi cited financial constraints and the need to ensure the safety of female students. "Securing funds was one of our initial challenges, but the philanthropic community in Bombay has always been generous," he said. The institution even ran a hostel to support students but later transitioned to partnerships for accommodations. One defining feature of SMES is its commitment to inclusivity. "We are dedicated to serving the lower-income group without imposing financial barriers," Dr. Trivedi emphasized. The college operates without a management quota or seat donations, relying instead on alumni contributions and CSR funds to provide scholarships and financial aid.

Over the years, SMES has become synonymous with academic excellence. "We've produced gold medallists and top rankers across disciplines," Dr. Trivedi noted with pride. He acknowledged that the primary challenge moving forward is space. "Redevelopment is an option, but it would require temporary

relocation, which presents logistical issues," he said. Despite these hurdles, his vision is clear: expanding the institution's reach while maintaining its commitment to quality and inclusivity.

When asked about his team's role in the institution's growth, Dr. Trivedi praised the collaborative efforts of professionals, including chartered accountants, architects, and educators, who meet weekly to manage the institution's affairs. "There's a strong sense of camaraderie and mutual respect, which has been crucial in overcoming challenges," he shared. As the Ruby Jubilee celebrations commence, Dr. Trivedi's reflections serve as a reminder of SMES's transformative impact on women's education. "Our founders believed in the power of education to uplift society, and we continue to honour that legacy," he concluded.

Through its dedication to inclusivity, academic excellence, and community impact, the Seva Mandal Education Society remains a beacon of hope and empowerment, shaping the future of young minds.

Interviewed by Aastha Shah,
TYBCA.

SHRI PRAVIN G SHAH

Chairman, Seva Mandal Education Society



As BMN College celebrates its Ruby Jubilee, Shri Pravin G. Shah, Chairman of Seva Mandal Education Society (SMES), reflects on his journey, the institution's evolution, and his aspirations for the future.

For Shri Shah, BMN College represents a culmination of decades of dedication and vision. "Our college is one among the most renowned and empowered autonomous colleges," he stated. Highlighting the achievements of the principal, and the faculty, Shri Shah added, "We are very proud of their contributions."

Shri Shah's association with SMES began when he donated to the college's library, becoming a committee member, treasurer, and now chairman. "Initially, I was an outsider, but over time, I became deeply involved in the institution's growth," he shared. Building and expanding BMN College was not without its hurdles. "In 1971, we built a new building

for Home Science and added two hostel floors. Eventually, we closed the hostel and expanded the college," Shri Shah recounted.

The constant need for space and funds required innovative solutions and relentless effort. Despite these challenges, BMN College emerged as a leading institution. "We succeeded because of the dedication and hard work of everyone involved," he noted. Shri Shah envisions BMN College producing top-ranking students in every discipline. "We want students to study, make a name for themselves, and bring glory to the college," he emphasized.

He also called on alumni and the community to give back to the institution. "We spend a significant amount on scholarships and fees. I want our alumni to sponsor at least one student and contribute to the institution's growth," he said.

As the college looks ahead, Shri Shah highlighted the need for expansion. "We are falling short of space and are exploring options in Mumbai and Navi Mumbai," he shared. His focus is on maintaining a student-centric approach while addressing logistical challenges. In his closing remarks, Shri Shah encouraged students to excel academically and make

their college proud. "Study well, work hard, and bring name and fame to BMN College," he urged.

Shri Shah's leadership reflects a commitment to academic excellence, inclusivity, and innovation. His vision ensures that BMN College will continue to thrive and empower generations to come.

Interviewed by
Hasti Gala, TYND.

SHRI HIREN SHAH

Vice Chairman, Seva Mandal Education Society



Mr Hiren Shah explains that the establishment of a Home Science College, particularly within a women's university, was undoubtedly the need of the hour. The development of this institution in Matunga has been a source of pride for the local community. Its growth and evolution have made it a cornerstone of education in the area.

From the beginning of his career, as a long-time resident of Matunga, Mr Shah was immersed in fashion design, pursuing it independently. When he discovered that the college housed a department of fashion design, he was both intrigued and excited. Attending their fashion shows became a source of inspiration and joy for him. These events showcased creativity and innovation, demonstrating the college's dedication to fostering talent. Over time, he developed strong connections with the institution—bonds that have only deepened with mutual respect and admiration.

His relationship with the college extended beyond professional interest. He shares a unique camaraderie with the faculty, including former and current principals. Their discussions often delved into ideas and

possibilities, and he was always met with respect and a willingness to engage. One such instance was when he shared his thoughts about incorporating music and performing arts into the curriculum. Although it was initially a slow process, the principal embraced the idea wholeheartedly. With his support in areas like identifying musicians and dancers, the college achieved commendable results. This collaboration is a testament to the rare and invaluable bond they share—one of shared vision and mutual trust.

Reflecting on the challenges faced by the college, he notes how B.Sc. Home Science was often undervalued in its earlier days. Many dismissed it as insignificant, not realizing its academic rigour and practical relevance. Those familiar with the curriculum knew how demanding it was. However, over the past two decades, perceptions have shifted dramatically. Today, the college

stands as one of the top institutions in Mumbai, a beacon of excellence and determination.

He mentions, "One of the most noteworthy developments in recent times is the college's transition to autonomous status. This shift is monumental and speaks volumes about the institution's vision and leadership.

Embracing autonomy is no small feat; it requires courage, foresight, and a commitment to accountability. The principals and faculty have risen to this challenge, and their efforts are a source of immense pride. While the regular college operations continue seamlessly, the autonomy allows for innovation and growth. This step will undoubtedly shape the college's future, and the impact of these efforts will become evident in the coming years."

In conclusion, the journey of this Home Science College has been nothing short of inspiring. For those who have witnessed its evolution firsthand, it is a source of pride and optimism for the future. "This institution is not just an educational establishment; it is a symbol of empowerment, collaboration, and enduring commitment to excellence", he added.

Interviewed by

Purva Joshi, TYFSN.

SHRI NIKUNJ JHAVERI

Vice Chairman, Seva Mandal Education Society



When Mr. Nikunj Jhaveri first stepped onto the BMN College campus for a thalassemia workshop, he did not expect it to mark the beginning of a deep and enduring connection with the institution. However, what he encountered that day—the college’s dynamic environment, its various departments, and its unwavering commitment to knowledge and skill development—left a lasting impression. His curiosity led him to explore further, and subsequent visits, including those for skilling workshops, only deepened his admiration. Today, his association with BMN is not just as a visitor or guest but as an integral part of the institution’s journey.

Reflecting on what sets BMN College apart, Mr. Jhaveri emphasizes its culture of openness, collaboration, and continuous learning. Unlike many institutions that operate within rigid academic frameworks, BMN fosters an ecosystem where students,

faculty, and management actively seek feedback and embrace new opportunities. This adaptability, coupled with a relentless pursuit of excellence, has allowed BMN to carve a niche for itself in the educational landscape. The institution’s commitment to student empowerment is evident in the way its teachers and staff encourage young minds to think beyond textbooks. Rather than merely delivering lectures, educators here cultivate a spirit of inquiry and creativity, preparing students not just for exams but for real-world challenges. This approach, Mr. Jhaveri believes, is what truly distinguishes BMN from other colleges.

In defining BMN’s Unique Selling Proposition (USP), Mr. Jhaveri points to the stature and leadership of Dr. Mala Pandurang who, in his view, embodies the college’s core values and vision. Her presence and guidance symbolize the institution’s dedication to holistic education, where character development holds as much importance as academic achievements. This leadership-driven ethos has shaped BMN into a nurturing ground for students who aspire not just to succeed but to make meaningful

contributions to society. Despite its many strengths, Mr. Jhaveri acknowledges that BMN’s full capabilities remain underrecognized. The institution, he believes, has significant untapped potential, and with strategic efforts, it can enhance its visibility and impact even further. He envisions a future where BMN is widely acknowledged as a premier institution for skill development and empowerment, particularly for young women seeking meaningful career opportunities.

His vision for BMN is clear: to equip students with the skills necessary for employability and success, ensuring that they do not just graduate with degrees but with the confidence and competence to thrive in their chosen fields. More importantly, he hopes that alumni will remain connected to their alma mater, returning to mentor, support, and uplift future generations. His dream is for BMN to be an institution that people aspire to be a part of—a place synonymous with knowledge, values, and opportunity.

Interviewed by
Laxmi Dubey, SYND.

DR BHARAT PATHAK

Honourable Secretary, Seva Mandal Education Society



As BMN College of Home Science celebrates its Ruby Jubilee, the institution's long-serving secretary and a key member of its managing council since its inception, shares insights into the remarkable journey of the college over the past four decades. Reflecting on the college's humble beginnings, Dr Pathak shared, "We started with just seven girls, and today, we have 7,000 students on campus.

Seeing this growth fills Dr Pathak with immense pride. Making this institution a success back then and even in the future has been a collective effort." Having been associated with the college for the past 50 years, he recalls being part of the first managing council. "There's a photograph of the original council where I'm the only member still present today," he says highlighting their enduring dedication to BMN.

Over the past 40 years, BMN College has transformed into

one of the most renowned institutions, not just in the university but across Mumbai. "We are proud to be among the select few colleges granted empowered autonomy, which is a testament to our excellence," Dr Pathak remarked.

The institution's focus on inclusivity is a cornerstone of its ethos. BMN College has consistently produced gold medalists and rank holders, a fact that Dr Pathak attributes to the dedication of its faculty and leadership.

"The credit goes to our teaching staff and the principal, who have shown exceptional dedication. It's their effort that has enabled our students to excel without strict cutoff percentages," he emphasized.

Beyond academics, the college has introduced skill development and need-based courses to prepare students for bright futures. "Our focus on skill development ensures that our students are not just academically sound but also career-ready," he explained. Looking ahead, Dr Pathak envisions BMN continuing to set new benchmarks in women's education. "Our goal is to maintain our legacy of excellence while expanding our offerings to meet the evolving needs of students," he states.

The journey of BMN College is a testament to what can be achieved through vision, dedication, and a commitment to inclusivity. As it celebrates its 40th anniversary, the institution stands as a beacon of empowerment, providing quality education to women from all walks of life.

Interviewed by

Jiya Ambekar, SYND.

SHRI VASANT KHETANI

Honourable Secretary, Seva Mandal Education Society



As Dr. BMN College celebrates its Ruby Jubilee, we had the privilege of speaking with the Secretary of Seva Mandal Education Society, Shri Vasant Khetani. With 24 years of dedication to the institution, he shared his invaluable insights into the college's evolution, its impact, and his personal experiences.

When asked about his experience with the college, Shri Khetani remarked, "I feel that the management is truly supportive in maintaining and growing the college through education, practical's, opportunities, and finances. This is made possible through generous donors and funds from individuals passionate about this field of study."

The Seva Mandal Education Society (SMES) has been instrumental in shaping Dr. BMN College's legacy. Reflecting on its history, he shared, "The society has been here since its inception in 1957. I've been a part of it for 24 years. Initially, we had a small 6000 sq. ft. campus with

just a handful of students. Over the years, other institutions joined us on this campus alongside BMN College. As a civil engineer by profession, I was introduced to SMES by Dr Bharat to assist with infrastructure development. From then on, I transitioned to roles like treasurer and eventually secretary. Now, at 80, I'm looking forward to passing on the mantle to someone more capable and aspiring."

Speaking about the college's transformation, he noted, "The infrastructure has changed drastically over the years—from furniture and new buildings to even the chairs students use. Cleanliness has also improved significantly, and we've received positive feedback from students. Safety measures have been enhanced with CCTV installations and additional guards. Parents often express their trust in us, saying they feel reassured about their children's safety within the campus. Mr Mahesh Navale (Campus Manager) has been pivotal in ensuring this."

On his personal journey, he reflected humbly, "I strive to be a better person - there's always room for development. Over the years, I've gained more knowledge, which I try to

use wisely in both my personal and professional life."

When asked about his vision for the college's future, he said, "We've achieved so much rapidly, but there's always room for improvement—whether in the curriculum or extracurricular activities. However, I believe my colleagues and our chairman, with their extensive background in education, are better suited to address this."

Highlighting the college's impact, he emphasized, "The courses offered here are critical, equipping students with both theoretical knowledge and practical skills that are essential for life. As Jawaharlal Nehru once said, 'In India, only farmers and engineers are given preference, but the country would come undone without every other profession.' BMN College exemplifies this balance."

Interviewed by
Mahi Kamble, SYFSN.

SHRI ATUL SANGHVI

Treasurer, Seva Mandal Education Society



Shri Atul Sanghvi's association with the Seva Mandal Education Society (SMES) began in 2002 with a heartfelt contribution that laid the foundation for a lasting relationship. His generous donation for the construction of the 4th and 5th floors of the BMN College building, named after his mother, marked the beginning of his journey as a management office bearer.

Since 2003, Shri Sanghvi has been actively involved with the institution, deepening his engagement in its management over the past six years. He admires the college's ethos, particularly its focus on empowering young women. "I particularly appreciate the nutrition and home science courses, as well as the textiles department. The idea of empowering girls to create things for themselves and achieve independence resonates deeply with me," he shared.

Shri Sanghvi's commitment to the institution is reflected in the numerous projects he has supported over the years. Since 2008, his contributions have

included donations for gym equipment, classroom naming, providing computers and refrigerators, and distributing notebooks. He also oversees a monthly "Mukti Anaj Daan" project, which benefits around 250-300 students in the community. As a Lion member, he has spearheaded projects addressing anaemia and distributing peace kits, further underscoring his dedication to social causes.

Beyond his involvement with SMES, his commitment to giving back extends to other areas of his life. "For my son's birthday, we're providing dinner for 400 cancer patients and their families. Instead of celebrating at a hotel with friends, we prefer to make a meaningful impact," he explained.

Service is deeply ingrained in his family tradition. "Social work is in our blood. My father was a social worker, and now my son is following the same path. This legacy will continue," he said proudly. His passion for service also aligns with his interest in cancer oncology and nutrition, areas he hopes to explore further in collaboration with BMN College's programs.

Reflecting on his relationship with BMN College, Atul Sir expressed gratitude for the

connections he has built. "I've been associated for about 5-6 years now, and I've had the privilege of knowing retired faculty members and principals closely. However, I still feel I'm in a learning stage and hope to connect more with the new faculty members," he shared. His enthusiasm for oncology and nutrition courses underscores his alignment with the institution's academic vision.

As a closing note, Shri Sanghvi expressed his admiration for SMES and BMN College. "I am grateful for the opportunity to be part of such a dedicated and forward-thinking community. I look forward to seeing the college continue to empower students and contribute to society," he concluded.

Interviewed by Sargam
Parulekar, SYRM.

DR SHILPA P. CHARANKAR

Executive Secretary, Seva Mandal Education Society

Former Principal, Dr BMN College of Home Science (1998-2018)



Dr. Shilpa P. Charankar, former principal and executive secretary of SMES, reflects on this momentous occasion with pride and gratitude. Having joined the institution in 1985 as a young teacher, her journey mirrors the growth and progress of the college.

The success of Dr. B.M.N. College owes much to the dedication and vision of the management of SMES. Dr. Charankar highlights the pivotal role of society's office-bearers in fostering a culture of openness, transparency, and innovation. Weekly meetings and a collaborative spirit ensured that every voice was heard, creating an environment conducive to personal and institutional growth.

Dr. Charankar fondly recalls her early years at the college. Initially appointed as a clock-hour basis teacher, she quickly immersed herself in the vibrant work culture of BMN. Over time, she transitioned to a full-time position and took on greater responsibilities, culminating in her appointment as principal in

1998. Under her leadership, the college steadily gained prominence, securing accolades such as an A+ grade from NAAC and recognition as the best college by the Vice-Chancellor.

One of the key strengths of Dr. B.M.N. College has been its ability to adapt and evolve. From introducing new specializations to improving infrastructure, the institution has continuously met the changing demands of education. The holistic development of students has always been at the core of its mission, supported by a dedicated faculty, a strong alumni network, and generous donors.

Dr. Charankar credits the unwavering support of SMES for her personal and professional growth. The society's encouragement during her PhD journey, and its efforts to connect her with industry resources, left an indelible mark on her. She also acknowledges the collaborative spirit of the staff, who worked tirelessly alongside her to achieve significant milestones, such as securing the UGC CPE grant.

As the college celebrates its Ruby Jubilee, Dr. Charankar envisions a future of continued growth and innovation. She dreams of 100% PhD-qualified faculty and the

establishment of BMN as a research centre in fields like nutrition, textile science, and fashion design. She emphasizes the importance of introducing consultancy services and forming international collaborations to broaden the institution's impact. Her ultimate goal is for BMN to become a sought-after institution with a waiting list for admissions.

Dr. Charankar's journey at BMN has been defined by deep bonds with faculty, alumni, and the extended BMN family. She cherishes the relationships she has built and believes that this strong sense of community will continue to propel the institution forward. She encourages current members of the college to embrace their roles with passion and commitment, ensuring that BMN remains a symbol of empowerment and excellence.

As the college steps into its fifth decade, it carries with it the dreams, dedication, and determination of all who have been a part of its journey. Dr. B.M.N. College of Home Science is not just an institution; it is a legacy of progress, collaboration, and unwavering faith in the power of education.

Interviewed by
Tanishka Govekar, TYFSN.

MRS. PARUL SANGHVI

Former Principal, Dr BMN College of Home Science (1984-1990)



As I reflect on my time as the first principal of the esteemed BMN College, I remember those early days filled with excitement, anticipation, uncertainty, and numerous challenges as a young and inexperienced leader. Looking back, I am overwhelmed with a deep sense of gratitude, nostalgia, and accomplishment. It was truly an honour to serve this vibrant institution, where the spirit of dedication, collaboration, and hard work were always at the core of everything we did. I am delighted to see that this same ethos continues to thrive among the staff and students.

Over the years, I witnessed the remarkable growth and success of the college. I had the privilege of contributing to meaningful projects, witnessing groundbreaking achievements, and playing a key role in shaping the future of this institution. My time at the college was a great learning experience. There were countless occasions when we spent long days and nights preparing for the launch of various departments, the establishment of a girls' hostel, the Home Management Residency Apartment, and the visits of Bollywood celebrities and education ministers, among many other exciting events. All of this was made possible by the unwavering support of a dedicated teaching and non-teaching staff, who were my backbone throughout this journey.

I was also fortunate to receive continuous guidance and support from our Committee Members, Dr. Bharat Pathak and Shri Pravin Shah. My mentor, philosopher, and guide, Dr. Dhairyabala Vora, provided invaluable direction, which played a crucial role in my success. Starting a new college from the ground up was no easy task, but the strong support system made it feel seamless.

In addition to my administrative responsibilities, I truly enjoyed my role as a lecturer. I had the privilege of working with a diverse group of students, each with varying interests, abilities, and levels of commitment to education. It has been incredibly rewarding to see so many of them succeed. One student, in particular, stands out: Jayshree Rukhana. She is a perfect role model for both students and staff alike. Her dedication, goal-oriented mindset, and relentless pursuit of her educational and professional goals are truly inspiring. Today, she continues to contribute to the college, telling me, "Going to the college is not work for me." She finds joy in offering her talents, expertise, and knowledge through various projects and as a visiting lecturer.

Dear students, though I am no longer part of the college, I remain connected and keep myself updated on its news. I am thrilled and inspired by your energy, curiosity, and innovative ideas. I have heard about your participation in extracurricular activities, the organization of the Balmela, and your involvement in various competitions. I am confident that each one of you will make a meaningful and remarkable impact in whichever field you choose. Continue to be optimistic, think positively, and maximize your potential. Seize every opportunity and always aim high!

BMN College is very fortunate to have a dedicated principal, Dr. Mala Pandurang, along with an exceptional vice principal and staff. Their passion for teaching, mentoring, and supporting the vision and goals of the college, as well as their dedication to the students, have been instrumental in the college's growth. You are the heart of this institution, and I am deeply impressed by your tireless efforts and commitment. I am confident the college will continue to thrive, evolve, and flourish under your great leadership.

BMN College has always been close to my heart. The lessons and memories from this journey continue to shape my personal and professional endeavours.

I wish you all the very best as you celebrate the Ruby Jubilee. May the future of BMN College be even brighter than its past.

MRS. SEJAL JHAVERI

Former Principal, Dr BMN College of Home Science (1990-1998)



B.M.N college of Home Science - a moment to be proud and thankful!

It has been an honour to be a part of the Seva Mandal Education Society 'family' and this college, which has achieved so much over the years. Thanks to the past and present SMES management committee members, principals, faculty members, non-teaching staff & students, a small humble beginning has flourished into this well recognized and respected education institution.

Congratulations on reaching this remarkable milestone. Your dedication and commitment to excellence have made a lasting difference, and I am proud to celebrate this milestone with you. Here's to many more years of growth, success and the journey ahead!



FACULTY OF UNDERGRADUATE & POSTGRADUATE PROGRAMS IN HOME SCIENCE
DR BMN COLLEGE - RUBY JUBILEE YEAR 2024-25



FACULTY OF K.G SHAH DEPARTMENT OF COMPUTER APPLICATIONS
DR BMN COLLEGE - RUBY JUBILEE YEAR 2024-25



FACULTY OF SMT SCN INSTITUTE OF POLYTECHNIC
RUBY JUBILEE YEAR 2024-25



FACULTY OF HMN JUNIOR COLLEGE
RUBY JUBILEE YEAR 2024-25





“There is a strong connection and pride in being part of BMN”

Dr Vaishampayan reflects on the journey from growing in various departments like BCA and postgraduation to self growth alongside this institution over the past 29 years of service. The Institute strives to maintain quality of education and prosper in it's own way throughout the future. BMN College of Home Science has experienced significant growth and development over the last 29 years, particularly in the realm of accreditation, being the first college within SNTT to pursue NAAC accreditation.

Despite an initial B grade, this experience sparked a commitment from both teaching and non-teaching staff to work together towards improvement, contributing in the college achieving an A grade in its second cycle and an A+ in the third.

The college has since embraced autonomy, overcoming challenges such as the retirement of senior staff, and has made substantial infrastructural advancements aided by the RUSA grant. The dedication of the management and the college community continues to foster a loving and committed environment, with alumni impressed by the transformative changes on campus.

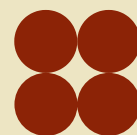
“There is a strong connection and pride in being part of BMN”, she says emphasizing the sentiment that achievements of the institution are shared by all members. Reflecting on BMN's 40th anniversary, she compared the college to a person reaching maturity, suggesting that the institution is still in its prime with many milestones ahead. She also conveys a message of continuity for BMN's future, highlighting the importance of keeping the institution's spirit alive for future generations. She also shares her personal feelings

about retirement, noting a dread of leaving and a desire to remain connected. The management's approach fosters a family-like atmosphere where faculty members stay engaged even after retirement. It was expressed as a close-knit team dynamic, emphasizing collaboration and a lack of hierarchy, with ideas welcomed by everyone regardless of seniority.

“We take pride in BMN's successful implementation of the National Education Policy (NEP 2020)”, noting that other institutions look to our institution as a model. Overall, she reflects on a deep sense of community and commitment to the institution.

“Aamhi chalavu ha pudhe varsa” This means, I wish, in a few years, after we all, we who are still members of BMN leave, this entire journey of BMN goes on and on forever.

By Anamika Rane, SYFSN.



Forty Years Ago,

a visionary management team founded the College to empower women through education. At a time when access to higher education for women was limited, this institution emerged as a transformative force, equipping students with the skills needed to succeed.

Over the years, the College has nurtured professionals across various fields, particularly through its renowned BCA program. Its growth is evident in the development of smart classrooms, air-conditioned labs, and modern facilities, made possible through the support of management, donors, and NGOs. International collaborations have provided students and faculty with global exposure, further strengthening the institution's standing. Many graduates have gone on to secure prestigious jobs or establish successful businesses, contributing to women's empowerment. Scholarships and financial aid programs have enabled

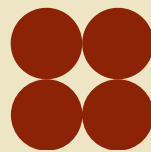
students from underprivileged backgrounds to complete their education, while the College's active participation in community service initiatives continues to reinforce its commitment to social responsibility.

A dedicated faculty has been the backbone of the College, playing a vital role in fostering innovation, research, and mentorship. Over time, the student body has evolved into a diverse and dynamic community actively engaged in extracurricular activities, internships, and global programs, enriching the overall learning experience. Despite facing challenges such as limited resources, social barriers, and financial constraints, the College has overcome these obstacles through sustained efforts, curriculum updates, and scholarship initiatives.

To maintain its competitive edge, the College continually innovates its curriculum to align with industry needs. Collaborations with leading companies provide students with valuable internships and placement opportunities.

Mr. Khan advises students pursuing careers in Computer Applications to embrace lifelong learning by staying updated with industry trends. He emphasizes the importance of gaining practical experience through internships and projects while developing confidence and resilience to thrive in a competitive tech landscape. The College has adapted to modern teaching methodologies by incorporating blended learning models, smart classrooms, and industry-driven curriculum updates. Faculty members actively participate in continuous training to stay at the forefront of academic advancements.

Looking ahead, Mr. Khan envisions a future of continuous innovation and empowerment, ensuring the College remains a leading institution for women's education. As it evolves to meet changing educational landscapes, it remains steadfast in its mission to provide quality education and create opportunities for generations to come.



For many, a career transition represents a leap of faith, but for faculty members like Dr. Sengupta, the decision to move from industry to academia was a pursuit of passion. After a decade in the industry, she decided to follow her true calling—teaching. “It was the passion for being a teacher that led me to make the shift,” she shares. This decision not only shaped her professional journey but also contributed significantly to the institution she has been a part of.

Reflecting on her time at the college, she has witnessed transformative growth over the years. With the implementation of the New Education Policy (NEP) and RUSA accreditation, the institution has expanded its scope, particularly by fostering research among undergraduate and postgraduate students. “Incorporating research at these levels has been a game-changer. It has not only enriched the students’ learning experience but made teaching more engaging and fulfilling for educators,” she notes.

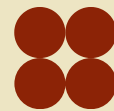
Her emphasis on instilling values in students underscores her belief in holistic education. She identifies discipline, punctuality, and the importance of maintaining a to-do list as key traits for personal and professional success. Passion, she believes, is the cornerstone of any endeavor. “If you are truly passionate about what you pursue, challenges like depression can be overcome. Every study or learning experience should bring joy. Without passion and pleasure in what you do, pursuing anything in life becomes difficult,” she asserts.

“RUSA-sponsored Stride Research has been pivotal. It provided opportunities to delve deeper into the intricacies of research and allowed us to modernize our laboratories with advanced instrumentation in line with current trends,” she shares. The initiative not only enhanced the institution’s research capabilities but also fostered a culture of continuous learning and innovation.

When asked to summarize her journey so far, she describes it as a path marked by challenges, self-improvement, and dedication. “My journey has been challenging at every step, requiring constant upskilling, discipline, and punctuality. But the commitment to learning has kept me moving forward,” she reflects.

Dr. Sengupta’s story is a testament to the power of passion, resilience, and a commitment to growth. As both an educator and a lifelong learner, she embodies the essence of transformative teaching, inspiring students and colleagues alike. Her contributions, along with those of her peers, continue to shape the college into a hub of innovation and excellence.

By Japnit Kaur Chatrath, SYFSN



Teaching is not only about technical support but also emotional support.

"A student's life is impacted by various factors, and one of them is knowing when to reach

out to a teacher. Whenever students face difficulties—whether it's in painting, dyeing, or

anything else—they call on me, not just for technical knowledge but also for personal and emotional support."

Pallavi Patekar, an alumna and faculty member at Dr. BMN College of Home Science, shared her inspiring journey, memorable experiences, and valuable advice in a recent interview. Pallavi completed her Diploma in Textile Designing, Dyeing, and Printing in 1994, followed by a Bachelor's in Home Science with a specialization in Textile and Clothing in 1998.

She further pursued a Diploma in Traditional Textile Designing and a course in Computer-Aided Textile Printing in 1999. Her career began in 2000 as a freelance designer for handloom design under the Ministry of Textiles and later transitioned into teaching at her alma mater, where she has been shaping students' futures ever since.

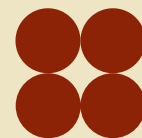
Mrs Pallavi admitted that teaching wasn't her initial career plan. After graduation, an unexpected call from her college offered her a teaching position, which she accepted on a trial basis. Over time, she discovered her passion for teaching and remained in the profession, finding joy in guiding students both technically and emotionally.

One of her most memorable moments as a teacher occurred in 2021, when she led the first fashion show under her leadership as Head of the Department. The event, supported by Principal Mala Ma'am, was a grand success and a proud milestone in her career.

Reflecting on her teaching career, "As a student of BMN College, I learned a lot from my teachers. Whenever I'm teaching, I keep my teachers in mind and try to teach my students the same way they taught me. She emphasized the importance of setting goals, working hard, and maintaining humility even after achieving success.

Before the interview came to an end when asked what she would like to convey to the students, she replied "Nowadays, life moves very fast, and everything is right in front of you—Google, AI, and other technologies. It's fine to use these tools, but remember that authentic knowledge comes from your teacher. That's something you should never forget. When you search on Google, it provides many answers, but it's up to you to choose what's right. Your teacher will guide you in finding the right information."

**By Akshika Masurkar,
SYFSN.**



On this momentous occasion,

I extend my warmest congratulations and heartfelt gratitude to everyone who has contributed to the success of Dr. BMN College of Home Science over the past forty years. The Ruby Jubilee is a remarkable milestone that reflects the dedication, commitment, and hard work of students, teachers, staff, and parents. It is a testament to the power of education and the nurturing environment cultivated at Dr. BMN College of Home Science. As we celebrate this achievement, let us reflect on the transformative impact the college has had on countless lives.

The values instilled here have shaped responsible citizens, critical thinkers, and compassionate individuals making a positive difference in the world. It is our collective responsibility to continue empowering our students with the knowledge, character, and confidence to face the challenges of tomorrow. The hard work and dedication of the management, principal, staff, parents, and students have been duly rewarded. As we commemorate this milestone through this special edition of the college bulletin, let us cherish our memories, acknowledge our growth, and look forward to building an even brighter future for generations to come.

Congratulations and Best Wishes to everyone!





Retired Faculty





**I will never forget
BMN even in my
next janma!**

Mrs Anuradha Shekhar's journey at B.M.N. College began in 1989 as a junior college teacher, and by 1991, she had transitioned to the senior college. Over the years, she has seen the college grow from a single building to a vibrant four-building campus, a transformation she attributes to the collective efforts of management, faculty, and staff.

She takes pride in the college's achievements, such as the establishment of the postgraduate department, NAAC accreditation, and RUSA funding, all of which reflect the hard work of the entire community.

Mrs Anuradha's deep respect for her colleagues, especially the non-teaching staff, has fostered a collaborative and supportive environment that she values .

Her favorite memories include the college picnics and the friendships formed over the years. The canteen remains her favorite spot on campus, symbolizing the many shared moments that have shaped her career.

She believes the strong faculty-student relationship is what sets B.M.N. College apart. Teachers know students by name, encourage their growth, and help them seize opportunities. Her advice to students is to embrace every opportunity, focus on academics and networking, and remain humble.

Her love for the college is unwavering, describing B.M.N. as an inseparable part of her soul. She would relive her entire 30-year journey and treasures the affection and respect she continues to receive from the college community.

Her guidance to the students is grab every opportunity that comes your way. Be eager to participate & learn.

Keep expanding your knowledge. Academics & networking are most important, soak in the good from everybody and be humble. Keep doing well in your lives.

Her love for the college is matchless. She said that "she'll never forget BMN even in her next janma" this expresses that bmn is unseparable part her mind & soul. When asked what part she wishes to relive ...the reply was entire 30 years of her college journey.

By Laxmi Dubey, SYND.



“I like the joy of shaping young minds and helping students navigate their adolescent years.”

Dr Mokashi shared her journey and experiences as an educator, emphasizing her unwavering passion for teaching. She revealed that becoming a teacher was a clear goal during her master's program, though her association with BMN College happened serendipitously.

Initially intending to join a degree college, she found herself drawn to the college's warm, all-girls environment after attending vacation classes. This unexpected start turned into a lifelong commitment, as the institution became an integral part of her life. Highlighting what makes BMN College special, Dr Mokashi spoke about its diverse student body, which presents unique challenges and opportunities for growth.

She emphasized the strong bonds formed between teachers and students, rooted in mutual effort and respect, which have left a lasting impression on her and her students. Mokashi ma'am takes pride in introducing various initiatives at the college, such as the intercollegiate fest Akanksha, which began in 1994 despite financial challenges. She also spearheaded activities for the junior college, including self-defense workshops, Christmas celebrations, and orientation programs, which have become key aspects of the institution's culture.

When asked about her role as a teacher, Dr Mokashi expressed the joy of shaping young minds and helping students navigate their adolescent years. She found fulfillment in guiding students toward their professional goals and developing their skills, especially as a biology teacher. While acknowledging the challenges of working with adolescents, she noted that helping them overcome distractions and realize their potential is what makes teaching an incredibly rewarding profession.

She found fulfillment in guiding students toward their professional goals and developing their skills, especially as a biology teacher. While acknowledging the challenges of working with adolescents, she noted that helping them overcome distractions and realize their potential is what makes teaching an incredibly rewarding profession.

She believes that even though it wasn't planned, joining the institute feels like a destiny to her.

She proudly stands as a teacher, putting forth the facts that a teacher can do what even a parent can't especially when guiding adolescents.

She believes that the ability to shape the next generation is unprecedented.

By Jiya Ambekar, SYND.



36 years of dedicated service to Seva Mandal Education Society

Mrs Singh's association with Seva Mandal Education Society (SMES) began in 1987 when she joined as a teacher, inspired by her mother, who was part of the institution's first batch. Though she didn't attend SMES as a student, her mother's connection to the college motivated her to work there. Initially, she taught Child Development (now Human Development) in the senior college, where she was the sole teacher for 18 students specializing in either Resource Management or Child Development.

Over the years, her role expanded to teaching at Smt. HMN Junior College, serving as a part-time lecturer, and managing responsibilities in other affiliated institutions. Kalpana Ma'am retired in June 2023 after 36 years of dedicated service.

She fondly recalls the invaluable lessons she learned from her students and the close bonds she formed with her colleagues. College had been became extraction of house. "I never felt like I am going to college because it always felt like it was my home. With our college principal Mala ma'am, Shilpa ma'am, our junior college in-charge Meenal ma'am, it felt like a family, so now that I am retired, those memories stay very close to me."

One of her toughest challenges as a teacher was evaluating students during exams, especially those with language barriers, which she felt hindered their academic performance. She adapted her methods to support these students, encouraging them to express key ideas in simpler forms.

She emphasizes that her students taught her the importance of staying motivated, embracing lifelong learning, and listening to others, even in a position of authority.

She believes that being a good person is the foundation for success. In her advice to current students, Mrs Singh highlights the importance of honing practical skills, such as communication, self-confidence, and professional competencies, to secure fulfilling careers. She urges students to take advantage of the diverse courses offered at SMES, set clear goals, and work diligently toward them to create a bright future.

Mrs Singh also stated "Believe in yourself, have a target and try to achieve the set target. Study so that our future is much more brighter, and be yourself. Set a goal and work towards it."

By Anushka Shivgan, SYRM.





Embracing change and learning from failures are key to personal and professional success.

The journey till now in the college is very fascinating. Transforming her journey from a career in art and media to becoming a teacher, inspired by the guidance of Principal Shilpa Charankar is really commendable. Her long-term commitment to the institution stems from its innovative approach, technological advancements, and supportive environment, led by exceptional leaders like Shahjahan Khan. She highlighted the college's evolution, particularly its focus on creativity, practical learning, and updated curricula. Personality development classes, a cornerstone of her work, have significantly impacted students' lives, instilling confidence and communication skills. "Embracing change and learning from failures are key to personal and professional success. Students should be encouraged to develop a growth mindset and the ability to handle real-life situations with confidence," she states.

She wishes to be remembered as someone who taught from the heart and made a genuine impact on students' lives. Her belief in fostering creativity and encouraging students to bring out their best. Teaching is not about following a single method but adapting to changes and bringing out the potential in each student. Embracing changes and continuing to innovate will help us adapt and grow together." The strength of our community lies in our ability to adapt and grow together.

What sets Seva Mandal Education Society apart, in her view, is its commitment to innovation and holistic development. "The faculty and administration are highly supportive and open to new ideas. The sense of community and collaboration among students and staff makes it a special place to learn and grow," she shared.

Over the years, the college has undergone tremendous evolution, particularly in technology and curriculum updates. Short-term courses have been introduced to keep students aligned with industry trends.

The collaborative environment and faculty's dedication to continuous learning have impressed her the most. "Our department encourages creativity and practical learning, which has significantly enhanced our growth and reputation," she noted.

"Let's continue to strive for excellence and make our college a beacon of learning and development."

By Aastha Shah, TYBCA.



Teaching Faculty 2024-25





She believes in making most of the opportunities you have.

For over 30 years, Ms Paulomi Desai has been an essential part of Dr BMN College of Home Science, shaping the lives of countless students. Her journey, marked by unwavering dedication, adaptability, and a passion for teaching, offers a powerful testament to the transformative power of education.

Her tenure at the Dr BMN College of Home Science has been nothing short of fulfilling. Ms Paulomi attributes much of her contentment to the institution's supportive and inclusive environment. "Working here has been a safe and nurturing experience," she shares, emphasizing how the college's focus on empowering women aligns perfectly with her own values. Her role in the sports committee further exemplifies her commitment to holistic education.

Initially, the culture of physical activity was underdeveloped due to limited infrastructure. However, Ms Paulomi championed the importance of sports, securing dedicated time slots for physical activities and fostering student participation. Her efforts have borne fruit, with students achieving accolades at national and international levels. "Sports are crucial for overall development and academic efficiency," she asserts.

One of her most significant contributions has been the implementation of the Career Oriented Programs (COP). Starting as a career-oriented program, it evolved into an Advanced Diploma course with a strong emphasis on internships. From an initial cohort of one student, the program has grown to enroll 45 students annually, producing successful graduates who excel in their fields. "Watching the program grow has been deeply gratifying," Ms Paulomi notes.

She believes the college's success lies in its unwavering commitment to excellence and student welfare. The institution's autonomous status, consistent performance in accreditation cycles, and emphasis on quality education set it apart. "Our management supports women's education comprehensively, creating an inclusive and supportive environment that makes our college special," she says proudly.

To students and alumni, she offers a heartfelt message as the college celebrates this significant milestone: "Make the most of the opportunities you have. Focus on excellence, be independent, and let success follow naturally. Pursue your passions with sincerity, and the rewards will come in time."

By Sadiya Shaikh, TYFSN.



As the college celebrates its 40th anniversary, we delve into the experiences and insights of Ms Kavita Karapurkar, a distinguished faculty member of the BCA department at Dr. B.M.N. College of Home Science. Her reflections illuminate the growth, challenges, and milestones that have shaped the institution into what it is today.

Over the years, the college has faced and overcome numerous challenges. In its early days, infrastructural difficulties and the ambitious task of starting new courses posed significant hurdles. These challenges required determination and strategic planning, laying the foundation for the college's growth. Ms Kavita recalled joining the department when it was only a year old. As a recent MSc graduate, she felt apprehensive about teaching a class that had already faced instability with three different mathematics teachers. However, the experience proved to be rewarding and transformative, marking the beginning of a fulfilling journey.

In 2017, she founded the Mathematics Association to foster student interest in the subject, organizing activities and competitions.

Reflecting on her 22-year tenure, Ms Kavita highlighted the remarkable evolution of the college. "I have witnessed drastic changes in both academics and administration," she shared. Starting with just three computer laboratories, the college has now expanded to seven state-of-the-art labs, 20 technology-enabled Smart Classrooms, and a host of modern facilities including a Conference Room, Air-Conditioned Auditorium, Critical Thinking Laboratory, Employment Hub, and a Counseling and Career Guidance Cell. The campus's well-planned infrastructure also includes a Women's Cell, a Language Lab for English fluency, a Gandhian Studies Centre, and an Audio-Visual Recording Studio for developing MOOC courses and e-content.

The college has successfully adapted to technological advancements and modern educational practices, thanks to the collective efforts of faculty, staff, and management. From transitioning from overhead projectors to smart classrooms, to adopting e-content and ERP systems, the institution has demonstrated resilience and adaptability.

During the lockdown, faculty members went the extra mile to ensure uninterrupted learning, creating e-resources and embracing innovative teaching methodologies.

Through all these changes, the college has remained steadfast in its core values: integrity, inclusivity, innovation, community engagement, and student-centered learning. Ms Kavita emphasized that these principles have guided the college's mission to foster excellence in education, research, and societal impact.

Looking ahead, Ms Kavita envisions even greater achievements for the college. "With its strong foundation and support from stakeholders, the college is poised to achieve the College of Excellence award and could even become a deemed university. The potential for growth is limitless," she shared.

By Sakshi Gupta, TYBCA.



Guiding their journeys and celebrating their successes fills me with fulfillment.

I began my journey in the Department of Computer Applications at Dr. BMN College in June 2006, and it has been a profoundly enriching experience. Each year, I meet new students who bring unique perspectives and aspirations, which has contributed to my continuous learning.

There has been a noticeable evolution in students' attitudes and technological skills, with increased awareness of modern technology. However, while their respect for teachers remains high, there are occasional gaps in foundational skills. The most rewarding aspect of my role has been witnessing the holistic transformation of students in their academic,

professional, and personal lives. The mutual respect and appreciation between students and colleagues foster a nurturing and inspiring environment that motivates me daily. My experience has been marked by milestones such as participating in national competitions, where our department achieved notable successes, deepening my pride in our collective efforts.

Initially, the focus of our curriculum was on foundational concepts, but it has evolved to include emerging technologies like artificial intelligence and data science in response to industry demands. Students are now more technologically adept, with resources that allow for learning beyond the classroom. However, there is a pressing need to balance technical expertise with critical thinking and problem-solving skills. Highlights of my time at Dr. BMN College include our participation during NAAC accreditation cycles and receiving accolades

for our contributions, which have been humbling experiences. The integration of multimedia presentations, online resources, and collaborative platforms has enriched student interaction. Dr. BMN College's commitment to holistic education and a student-centric approach continuously inspires my efforts as an educator.

“I would like to thank everyone for believing in our vision and supporting our endeavors over the years. The trust and encouragement have been integral to our progress, and we look forward to your continued partnership in shaping the future. As we celebrate this significant milestone, let us collectively aspire to take Dr. BMN College to even greater heights, ensuring that it remains a beacon of education, empowerment, and excellence for generations to come.”

By Aanchal Patil, TYBCA.







Alumna as Faculty





My Journey from Student to Lecturer: A Home Called College

“Three decades ago, I walked into this college as a young student, eager to learn and explore the world of interior design. Little did I know that this place would become my second home—a space that would shape my identity, nurture my growth, and eventually welcome me back as a lecturer.

As students, we were fortunate to have teachers who were more than just educators; they were mentors, guiding us with wisdom and care. Their influence stayed with me, and when I returned as a lecturer, I carried forward the same legacy—ensuring that my students felt the same warmth, encouragement, and support that I once received.

Our college management has always been a pillar of strength, standing by us through administrative challenges and fostering an environment where education thrives. Their commitment to empowering women is truly inspiring. They firmly believe that every girl should be educated because she is the backbone of her future family. An educated woman doesn’t just change her own life—she influences those around her, creating a ripple effect of awareness and progress.

Looking back, my journey here has been more than just a career—it has been a lifelong relationship with a place that has given me knowledge, purpose, and a family beyond my own.”



“I was a student of the BMN college from 1985 -86 to 1987-1988. It was the first batch of Child Development, now called Human Development. Those 3 years were full of experiences which taught us so much more than just studies. It has molded our personalities and our character.

Today, in 2025, I am still with my college as an alumna and a lecturer. It's like coming back home. Here, we have a close-knit family where everyone is approachable with any matter at hand. The basic values remain the same. to give quality education to girls. This time, I am on the other side of the teaching table, and I can easily say that the past years have just made this institute grow, not just in numbers but also in quality and strength. This is one of the few institutions that admit girls with the least of percentages and tries to make them the best in the line that they select.

It is all a team effort. And I have known some teachers who have been my mentors, and today they are my colleagues, and I now realise how hard it is to keep this place going and how difficult it is to maintain our basic foundational values and yet grow along with time. Everyone is approachable, all ideas are heard, good ones are worked upon, and equal dedication is given to our principal, our teachers, our students, our non-teaching staff (a few have been there since I was a student here), and our trustees.

Working here is like coming home. Life is a full circle, and to be part of BMN... maybe just a very small part, makes for a good life. A big Thank You to this college for always having me, for supporting me, motivating me and for making me the person I am. I hope i have many more years of teaching here, it would be like saying LIFE IS A FULL CIRCLE.”



From humble beginnings to becoming a beacon of education, Dr. BMN College has truly been a second home to me.

This year marks a significant milestone for Dr. BMN College as it celebrates 40 years of excellence in education. A long-time faculty member, who has been part of this journey for 32 years, Ms Amita Chheda reflects on the college's remarkable transformation from its humble beginnings to a prominent educational institution. She expressed profound emotions, stating, "Dr. BMN College has truly been a second home," highlighting the warmth and camaraderie that has characterized its community throughout the years.

She had completed her TYBSc in Food Science and Nutrition in the 1992-93 academic year, which opened doors to her career as a lecturer in the Polytechnic section. At that time, the college was limited

to one building, yet it was filled with hope for expansion. This ambition became a reality with the construction of a new building, which allowed for growth and the introduction of additional degree courses. The growth of Dr. BMN College not only increased its student population but also enhanced its reputation as a dynamic and innovative institution. The evolution of Dr. BMN College is further underscored by the introduction of new programs like FSQC (Food Science and Quality Control), BCA (Bachelor of Computer Applications), and Nutrition and Dietetics, meeting the ever-changing needs of students.

She continues to proudly recall witnessing the college achieve a stellar NAAC accreditation and being recognized as a "College with Potential for Excellence." These milestones symbolize the college's dedication to providing quality education and affirm its status in the academic community.

She further emphasizes on

cherishing her teaching experiences, which included offering culinary skills classes during summer vacations.

"Those sessions were not just about teaching; they were about creating connections and enriching lives," she recalled. Maintaining relationships with alumni, who have become lifelong friends, fills her heart with pride as she continues to observe their success stories. As Dr. BMN College celebrates this significant 40th anniversary, Ms Amita extends heartfelt wishes for the college to continue flourishing, stating, "Here's to another 40 years of success and achievement!"



I am inspired by the progress we've made and the lives we've touched.

Ms. Priya Shah reflects on her enriching 30-year tenure as a lecturer at Smt. Shardaben Champaklal Institute of Polytechnic with a deep sense of fulfillment and gratitude. She began her journey in the Diploma Home Science Course under the guidance of esteemed leaders such as Mrs. Sejal Jhaveri, Dr. Shilpa Charankar, and currently, Prof. Dr. Mala Pandurang. In the initial days at the institution, which featured only a single building for the Junior College, Polytechnic, and Senior College, Ms. Shah experienced a close-knit environment where faculty members gathered in a shared staffroom. She describes this as a place that fostered a family atmosphere, stating, "We sat around a big centre table to exchange ideas, share meals, and engage in enriching conversations." Throughout her career, Ms. Shah has celebrated various cultural and academic milestones that enriched the institution's community.

Her involvement in events like the 'Dakshotsav' celebrations and annual exhibitions showcased the creativity of students and faculty alike. These exhibitions featured handmade products and manually prepared charts, highlighting the dedication present at the institute. Ms. Shah played a key role in orchestrating these events and emphasizes the significant learning they provided, noting, "The College Annual Day celebrations and the Diwali Educational tours further enriched our academic environment."

Over the years, she has observed substantial growth within the institution, including the construction of new facilities that enabled the introduction of several new courses such as the BCA Department. She proudly mentions the recent inauguration of the Sports Turf, which she views as a testament to the institution's commitment to holistic education. Participating in the Ruby Jubilee celebrations was particularly memorable for her.

Additionally, her efforts to enrich the curriculum through the introduction of value-added programs like Personality Development and Computers have greatly enhanced students' learning experiences, preparing them for real-world challenges. In her conclusion, Priya Ma'am expresses pride in the growth of her students from "eager learners into confident professionals." Reflecting on her experiences, she articulates a commitment to academic excellence, creative thinking, and fostering a positive societal impact.

She treasures the memories made during her time at the institute and remains dedicated to its mission of "Empowering Women through Education." Her journey embodies a blend of challenges and accomplishments that have shaped her as both a teacher and a person.



This institution just feels more like home than a workplace.

Dr Ambre expresses a deep sense of pride and connection to BMN, emphasizing the saying, "Once a BMNite, always a BMNite." and believes that every achievement by BMN is a collective success for all its members—students, faculty, and staff. Reflecting on BMN's 40th anniversary she conveys a heartfelt message for the future, urging current and future members to carry forward the legacy of BMN. She's confident that despite members leaving or moving abroad, the bond with BMN will remain strong, encouraging everyone to keep the BMN flag flying high.

The topic of retirement comes up as Dr. Ambre dreads the idea of leaving BMN, suggesting that even after retirement, she envisions returning frequently.

This indicates a deep-rooted attachment to the institution that feels more like home than a workplace. She highlighted that the management maintains this familial atmosphere by keeping retired faculty engaged, ensuring that there is no real end to their connection with BMN.

In discussing the faculty dynamics at BMN, she highlighted the importance of teamwork and collaboration along with the bonding of all teachers and how there was never a feeling of hierarchy. Instead, all members thrived on mutual respect and healthy competition among departments, instilling a unified spirit within the institution, where everyone felt like part of one large family. Lastly, Dr. Ambre takes pride in BMN's successful implementation of the National Education Policy (NEP 2020), offering it as a benchmark that other institutions look up to.

BMN has allied their efforts effectively it is one of unity, perseverance, and commitment to the growth and legacy of BMN, that fosters long-lasting relationships. "I feel your hard work, your honesty and your dedication and your involvement in doing any kind of a work is very very important, and for that even we all teachers see to it that the student is engaged in such a way that you know they get the knowledge, we also have the opportunity such as to earn through various schemes offered by the college while continuing studying at the same time."

She mentions lastly, 'Of course, in this college I have seen like right from the beginning it is university affiliated college to Centre for Potential for Excellence that is CPE, then Autonomy, Autonomous college and now Empowered Autonomous college and maybe in future we may be a standalone university, BMN university and I really look forward to it.'

By Rutuja Bhosale, SYTSFD.



**Always find space and place for other
people in your group, in your life.**

She expresses her excitement about the opportunity to study and teach, emphasizing the joy of being in a classroom with students and fostering their learning. Reflecting on her college experience, Ms Sajani notes the initial lack of infrastructure, mentioning that the college had only one building and no proper library.

Over the years, she witnessed the institution's growth and transformation, enabling female students to pursue their dreams and ambitions more freely. Her deep appreciation for reading as a vital means of learning is particularly highlighted, as she believes that reading enhances creativity and understanding, allowing for greater engagement with the world.

She also shares about her unexpected journey into teaching, revealing how she was introduced to the college by a senior student and quickly became committed to this chosen path. She describes her experience as a student as wonderful, aided by supportive faculty, which reinforced their desire to return as a teacher.

College years of your life as a student, please live it to the fullest. Study. Have fun, enjoy. Fulfill all your dreams and desires that you want, let nothing hold you back, fly.

Now, she engages with students on both professional and personal levels, emphasizing the importance of collective involvement in the learning process while guiding rather than dictating their students' paths.

Lastly, she reflects on the challenges and adjustments she had to face transitioning to online teaching in recent years, recounting an embarrassing moment when she struggled to navigate Google Classroom for the first online class.

She also express a hope for the college's continuous growth and for students to pursue their passions beyond graduation.

In the end she also reveals a personal transformation, once an introvert who needed encouragement from teachers to participate in activities and competitions, ultimately finding success in personal development throughout her educational journey.

By Labiba Khan, TYND.



The conversation with Dr Harsha Chopra provided a glimpse into her extensive journey, her contributions to education, and the transformative changes she has witnessed in the college over the years.

She stated that, “The skills according to me are essential are communication skills, sincerity, dedication, very good in documentation. But most important is what I have learned from Dr Mala Pandurang. Communication skills, they play an essential role.”

Reflecting on her impact as an educator, she shared how her guidance inspired students to pursue research-oriented fields such as public health, maternal and child nutrition, and advanced studies.

Significant milestones in the evolution of college is the completion of three NAAC cycles, achieving autonomous and empowered autonomous status, and receiving prestigious accolades such as the "Best College Award" and "Centre of Excellence. RUSA gave us a lot of exposure to different short term courses or different workshops. So, those she thinks are the skills which are enhancing the capability of students and that would have helped us in our time.

Recalling her college day she shared fond memories, including collaborative efforts during product development and an unexpected victory in a quiz competition. She credited a life-changing quote from Dr Pandurang—“Winners never quit, and quitters never win”.

For students, her advice was to always remain curious, seize different opportunities and participate in all research and development activities leading to holistic development. Her reflections on the growth of the college, the transformative role of education, and the values she upholds offer valuable lessons for students and staff alike.

As she continues to inspire through her dedication, curiosity, and resilience, her words serve as a reminder of the profound impact educators can have on shaping lives.

By Fatema Kapasi, SYRM.







Teaching is more than a profession; it's a calling to shape young minds and inspire them to reach their potential.

The idea of shaping young minds, guiding them to unlock their potential, and seeing them grow as confident individuals inspired me to step into this field. The classroom is a place where dreams take shape, and I wanted to be a part of that transformative journey.

Every day brings a new opportunity to make a difference—whether it's helping a student overcome a challenge, sparking an idea that could change their future, or simply being a source of support. She stated, "My advice to current students would be to embrace this phase of life with open minds and open hearts. College is not just about academics; it's a time to explore, experiment, and grow as individuals."

Over the years, Dr. B.M.N. College of Home Science has grown tremendously.

The warmth and welcoming atmosphere makes it truly special is the core values and principles that have remained unchanged. Her approach to education focuses not only on academics but also on life lessons and personal growth. She leads by example, inspiring students to chase their dreams, as seen through her achievement of winning Mrs. India First Runners Up.

In 2012, she founded the Fireflies dance troupe, which has since become a legacy at the college, winning numerous awards at various levels. Through this initiative, she fosters teamwork and dedication among her students. As the placement head since 2007, she has helped countless students build successful careers. She expressed her gratitude by saying that if she had a chance to go back to college, she wouldn't change a single thing. For her, college wasn't just about academics—it was about discovering who she wanted to be. "And looking back, I can confidently say that I wouldn't want to alter that journey for anything."

Without a doubt, I will miss my students the most. They are the heart and soul of my journey as a teacher. Over the years, they have been my greatest source of inspiration, joy, and pride.

The staff and teachers were a close-knit group, deeply united and emotionally connected. There is a sense of camaraderie that extended beyond the workplace, making the environment warm and supportive. We shared not just professional relationships but personal bonds, celebrating each other's milestones and standing by one another during challenges. Some experiences here have made me a better educator and, more importantly, a better human being but every challenge I've encountered has reinforced my passion for teaching and my belief in the transformative power of education.

At the end she feels quite fortunate to have been part of such a team, as it not only shaped her journey but also contributed to the strong foundation of the institution all are proud of today.



As Dr. BMN College marks 40 years of success, the celebration wouldn't be complete without the voices of its alumni and faculty who have been integral to its journey.

Teaching was never part of her initial career plans. During her MSc internship, Dr Roma Patki was immersed in the world of interior design under an architect when her HOD, Mrs. Desai, called and insisted she take a lecture. "I told her I wasn't interested in teaching," she recalls, "but she persuaded me to just try once." That single lecture as a guest speaker sparked something unexpected. A month later, another faculty member, Mrs. Neha Kalekar, called with a similar request. Despite initial resistance, she couldn't refuse a request from Dr Mala Pandurang, and after delivering a demo lecture, she realized she had a natural aptitude for imparting knowledge. By 2006, she officially joined the teaching staff and discovered her passion. "Now, I can proudly say that teaching is my calling, and I truly love my profession."

Reflecting on her dual identity as both an alumna and a faculty member, she describes the unique joy of seeing the college grow "from leaps to bounds." From its early days to its current status, she has witnessed the college achieve remarkable milestones. The implementation of RUSA as well as STRIDE Research Grant stands out as a transformative initiative. "It's not just the students who have benefited—teachers, too, have gained new perspectives. RUSA has allowed us to modernize labs and embrace advanced instrumentation, keeping us aligned with current trends."

Adapting teaching methods to evolving technology has been another significant change. "When I started, we used overhead projectors with transparent sheets and markers. Computers existed, but they weren't widely used in the teaching-learning process. Over the years, we've embraced smart classrooms, digital platforms, and even online teaching during the pandemic. Teaching methods have changed drastically, and I've worked hard to incorporate these advancements into my classes."

She also takes pride in the creative use of infrastructure at BMN College. "What's impressive is that every corner of the campus is utilized effectively. From the ground floor to the ninth, no space is left idle. Every room serves a purpose, reflecting how the college maximizes its resources."

As a faculty member, she treasures the experience of sitting alongside her former teachers as colleagues. "At first, it was a bit intimidating, but over time, our relationships evolved. Today, my teachers are not just mentors but also friends who have stood by me." As the college celebrates its 40th anniversary, she emphasizes the importance of alumni staying connected to their alma mater. "It's not just about obligation; it's about a bond that never truly fades. Even with professional and personal commitments, the connection remains. The college and its alumni always find their way back to each other."

By Sargam Parulekar, SYRM.



Mrs Bijal Dedhia's association with the college began with a childhood curiosity. As a 10th-grade student, she was intrigued by the field of textile quality control after observing professionals in the industry. This curiosity led her to search for an institution offering textiles education, ultimately guiding her to Dr. B.M.N. College. Starting her academic journey at H.M.N. College, she later transitioned to Dr. B.M.N. College, driven by a clear goal to specialize in textiles.

Her early days in the Seva Mandal family were transformative. From adapting to an all-girls environment to finding mentorship under dedicated teachers like Mrs Veena Lobo, Mrs Kalpana Singh, Ms Bijal blossomed from a shy student into a confident, well-rounded individual. These mentors not only encouraged her participation in activities but also played pivotal roles in shaping her personality.

Recounting her student life, she highlighted moments of personal growth and camaraderie. One of her cherished memories involved

her participation in the NSS program, which helped her break barriers and develop public speaking skills. She fondly recalled being selected for the pre-Republic Day parade camp and winning the Best Leader award in NSS. "These experiences made me more outgoing and prepared me for future challenges," she shared.

After completing her post-graduation and gaining experience at other institutions, she was thrilled to return to Dr. B.M.N. College as a faculty member. "It was a chance to give back to the college that shaped me," she explained. The college's focus on research and its state-of-the-art facilities further motivated her to rejoin.

As a professor, she strives to combine her experiences and knowledge to inspire her students. Ms Bijal credited several professors for their lasting impact on her life. She described Mrs Veena Lobo as a caring yet strict mentor who pushed her to overcome her shyness. Ms Kalpana Singh's motherly guidance provided comfort and support during challenging times.

At Dr. B.M.N. College, Mrs Sugandha and Dr Mala played instrumental roles in shaping her academic and personal growth. "Sugandha Ma'am's strictness taught me perfection and discipline, while Mala Ma'am's emphasis on communication and entrepreneurship broke my barriers," she shared. As she reflected on her journey, she expressed heartfelt gratitude to the Seva Mandal Education Society and Dr. B.M.N. College for shaping her into the person she is today. "This institution has given me so much, and I feel privileged to be able to give back," she concluded.

**By Yogeshwari Chettiyar,
SYTSFD.**



Each experience has allowed me to prove myself and embrace new possibilities.

Ms Gulnaaz Engineer's journey as an educator is deeply rooted in the inspiration she drew from her family, particularly her cousins, mother, school teachers, and professors. Their influence ignited a passion for teaching that continues to burn brightly today. Over her four years at Dr. B.M.N. College of Home Science, she has found joy in guiding students and witnessing their growth, especially in subjects close to her heart, such as marriage and family. Rather than viewing challenges as obstacles, Ms Gulnaaz sees them as opportunities for growth.

Each experience has allowed her to prove herself and embrace new possibilities, shaping her into the dedicated educator she is today. Having worked in two institutions, she emphasizes the unparalleled freedom and autonomy granted to teachers at BMN.

She takes pride in the college's openness to external ideas and the role she has played in bringing new talent to BMN College, helping it grow and thrive. Reflecting on her influences, Ms Gulnaaz speaks with admiration about Dr. Kirti Pathak, who made a lasting impact on her both as a student and later as a colleague. Describing Dr. Pathak as a "rock," she recalls the strength and support she found in her presence.

Rather than viewing challenges as obstacles, Ms Gulnaaz sees them as opportunities for growth. Each experience has allowed her to prove herself and embrace new possibilities, shaping her into the dedicated educator she is today. She reflects on the institution's journey, describing it as "Naughty at 40." With the new education policy, the college is entering an exciting new chapter. She is particularly proud of the younger teachers who are working tirelessly to advance both student and institutional interests.

She also highlights the vital role of the non-teaching staff, whose efforts are recognized and celebrated, reflecting the college's values of reciprocity and mutual respect. Dr. Mala Pandurang, the principal, embodies these values by treating everyone with the same respect, regardless of their position, setting an example of humility and leadership.

As a former student of BMN College, Ms Gulnaaz fondly recalls being valued and given platforms to shine, whether through extracurricular activities like dance or events such as Balmela. These opportunities were instrumental in building her confidence and skills.

She mentioned that management empowers educators to make decisions and have a voice in shaping the college's future. But what truly distinguishes the college is the human touch the teachers provide, often going out of their way to support their students.

By Huda Khan, TYHD.



Watching students grow and discover new perspectives keeps me passionate about teaching.

Teaching is not just a profession; it is a calling rooted in the desire to inspire and nurture the next generation. For Ms Sonu, a faculty member and alumni from Dr. B.M.N. College of Home Science, the aspiration to become a teacher began during her student years. “I always wanted to help people in one way or another,” she reflects. With her dream of teaching in mind, she pursued her master’s degree and successfully cleared the NET exam. Miss Sonu’s passion for teaching is sustained by the joy of witnessing her students grow and discover new perspectives. The process of guiding young minds, seeing their potential unfold, and helping them navigate the complexities of the world is a constant source of inspiration for her. “Watching students grow keeps me passionate about teaching,” she shares, emphasizing the deep satisfaction that comes from making a meaningful impact on their lives.

When asked about the essential skills and values that students need to succeed, Miss Sonu highlights the timeless importance of gratitude, sincerity, and discipline. She believes that these values form the foundation for personal and professional success. Additionally, she underscores the growing need for adaptability in today’s fast-paced world, where change is the only constant. “Adaptability is another skill required by students,” she explains, noting how essential it is for navigating the evolving challenges of modern life.

However, teaching in the 21st century is not without its challenges. One of the most pressing difficulties Ms Sonu encounters is engaging students in an age dominated by artificial intelligence and rapid technological advancement. “Students often think they are aware of everything because of the vast information available at their fingertips,” she observes. This overconfidence, coupled with a noticeable decline in attention spans, makes it increasingly difficult to capture and retain their focus. As an educator, she has had to adapt her teaching methods to meet these challenges, finding innovative ways to keep students engaged while nurturing their critical thinking and creativity.

Ms Sonu’s journey as a teacher is a testament to her dedication, resilience, and unwavering commitment to the transformative power of education. Her insights remind us of the vital role teachers play in shaping not only the minds but also the character of their students, preparing them to thrive in a complex and ever-changing world.

By Reema Jose, Faculty.



The evolving nature of education, with its challenges and opportunities, keeps us teachers engaged.

Becoming a teacher often stems from a desire to make a positive impact on the lives of students. “What keeps me going as such is that I love teaching and there are many students getting knowledge from me and they are learning something and obviously if you'll become something in your life I know that will be my hand also in that, so that is surely inspiring.”

“Many educators like me are inspired by their own experiences in school, whether it was a favorite teacher who motivated them or a subject that sparked their passion for learning. This initial inspiration can lead to a career devoted to nurturing and developing the minds of future generations.”

“Once in this profession, you often find motivation in the relationships built with our students. Witnessing the growth and development of young minds can be incredibly rewarding”. She claimed teachers see their students overcome challenges, master new concepts, or achieve personal milestones, it reinforces their commitment to teaching and fuels their passion for the profession.”

She advises the students saying “I think you should give your best and actually have competition that I want to get first rank ,if you're doing your best and if you're learning a concept by yourself I think you're best, don't think about how others percieve you and your abilities since you know what you are. ”

She mentions how the teaching environment itself can be a source of inspiration. Being part of a vibrant community that values education, collaboration, and creativity can energize teachers. For her it was engaging with fellow colleuges, sharing stories, and brainstorming new teaching methods.

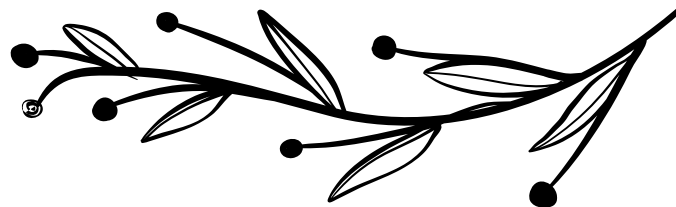
“It often ignited a passion for continuous learning and professional development.”

Finally, “the evolving nature of education, with its challenges and opportunities, keeps us teachers engaged”. Embracing new technologies, innovative teaching strategies, and adapting to the needs of diverse learners can be both stimulating and fulfilling. The commitment to lifelong learning and growth, both personally and for their students, is often what sustains a teacher's passion for their work. “I feel like it's not just about coming here, studying for three years, and then having no further contact. I think they will always be there for you.”

She now has a better understanding of what the college is doing. She encourages students to participate in different activities because it will definitely help them all. The college is offering so much, one must should grab those opportunities.



Non Teaching





NON TEACHING

DR BMN COLLEGE - RUBY JUBILEE YEAR 2024-25



MR. PRAVIN CHALKE,

OFFICE SUPERINTENDENT

Over the years, the college has faced and overcome numerous challenges, shaping it into the institution it is today. One of the significant hurdles in its early days was addressing infrastructural difficulties and the ambitious task of starting new courses. These challenges required determination and strategic planning, laying the foundation for the college's growth. With a tenure spanning more than 38 years, Mr Pravin Chalke shared insights into the remarkable evolution of the college. "I have witnessed drastic changes in both academics and administration," they reflected. These changes have not only modernized the institution but also enhanced its capacity to meet the needs of students and staff alike.

Amid the years of professional dedication, there have been many memorable moments. One that stands out is when Sir Pravin performed at a college event with their colleagues. "That is a cherished memory for me," he remarked, underscoring the camaraderie and joy the college community fosters. Adapting to the many developments over the years has been a positive journey for this long-standing member of the college. "I have embraced the changes and growth with a positive mindset," they shared, reflecting a forward-thinking approach that aligns with the institution's ethos. While traditions remain an integral part of the college's identity, they coexist harmoniously with progress. One such long-standing tradition is the annual Shree Satyanarayan Pooja held in the month of Shravan. This event symbolizes the deep cultural and spiritual roots that the college continues to honour.

The success stories of alumni stand as a testament to the quality of education and mentorship provided at the college. "Many of our former students have gone on to become professionals, including professors, and we are incredibly proud of them," the staff member shared, beaming with pride at the institution's role in shaping lives and careers. The transition of leadership over the years has also brought opportunities for growth and learning. "Each principal has introduced new ideas and approaches, and I have gained valuable knowledge from every one of them," he reflected, highlighting the positive impact of dynamic leadership. As the college continues to evolve, it remains steadfast in its mission to blend tradition with innovation, nurturing a vibrant academic and cultural community for generations to come.

By Nasreen Shaikh, SYRM.

MRS. KHURSHID SHAIKH

HEAD CLERK

Mrs. Khurshid Shaikh's association with BMN College began in 1991 when she joined as a Junior Clerk. However, due to staff shortages, she found herself working in the accounts section for over two decades—a role she embraced wholeheartedly despite the unexpected shift.

At the time of her joining, the administrative office comprised just two administrative staff members and one accounting professional, the head clerk, Ms. Sheela. Mrs. Khurshid was entrusted with assisting Ms. Sheela in tasks such as fee collection and data entry. However, the limited workforce required her to develop a diverse skill set. She quickly adapted to handling administrative work along with accounts. What initially seemed like an overwhelming challenge soon became a defining aspect of her journey at BMN.

As the college grew, job roles became more defined, but in those early years, the sudden marriage of the head clerk placed an immense responsibility on Mrs. Khurshid's shoulders. She credits Ms. Sheela for instilling in her a deep sense of integrity, particularly through the daily ritual of tallying accounts—a practice she continues to this day. Her dedication is so unwavering that she finds it difficult to rest if the accounts do not balance, often staying up late into the night to ensure accuracy before submitting reports to the principal.

In earlier years, students enjoyed strong relationships with the non-teaching staff, often seeking their guidance during recess. She quickly became the go-to person for queries beyond academics. She also speaks highly of the management's generosity, recalling how their support for staff members remained steadfast. She particularly remembers the advice of Dr Bharath Pathak, who encouraged her to always work with sincerity—an ethos she has carried throughout her career.

One of her most significant contributions was during the College with Potential for Excellence process. When the then-principal was invited to a University Grants Commission (UGC) meeting, Mrs. Khurshid was asked to accompany her. They were informed that the proposal had to be submitted the very next day. In response, under the strong leadership of Dr. Shilpa Charankar, the non-teaching staff, along with Vice Principal Dr. Mala Pandurang and BCA Co-ordinator Mr. Shahajahan Khan Sir, worked tirelessly late into the night, completing the proposal by midnight. Their collective effort paid off, securing the college the first rank.

Mrs. Khurshid also played a key role in fostering traditions within the institution. She initiated discussions that led to the annual performance of non-teaching staff several times. She also recalls the uniqueness of BMN's vacation classes, which once attracted long queues for admission. While the expansion of the education sector has introduced many alternatives, she still views those classes as a defining success of the institution.

Looking ahead, she envisions a college where staff members embrace new technologies and take greater responsibility in adapting to advancements. For the future, she hopes to see more initiatives that foster unity across departments, encouraging cultural programs and bonding activities that bring all staff members together, regardless of designation.

By Reema Jose, Faculty.



MRS.KAVITA KASAR

ADMINISTRATIVE STAFF

The interview highlighted Mrs Kavita's experiences and insights gained during her tenure at Dr. BMN College of Home Science. She reflected on the challenges faced by the college, particularly during the COVID-19 pandemic when all educational institutions were closed. Admissions were particularly difficult since the college's Home Science with Science program required offline processes for junior college. To address this, the college adapted by conducting career counselling sessions through Google Meet and processing admission forms online, ensuring a seamless transition during the pandemic.

She also spoke about the transformation of the college over the past 40 years. When she joined in 1994, the college was not well-known. However, it has grown significantly, becoming a leading name in Home Science and earning its unique identity among students. She highlighted the success of students, many of whom come from economically and academically weak backgrounds. With the support of dedicated faculty, students excel in difficult subjects like Chemistry and Biology, achieving great results often without the need for additional tuition.

One of her most memorable moments was being chosen by the then-principal, Mrs. Sejalben Javeri, to attend a two-day workshop for college principals at SNDT University in Pune. The principal's appreciation for her contributions made it a cherished experience. She also shared a touching story from July 26 during a period of heavy rainfall. A B.Sc. student who couldn't contact her parents was brought to Mrs Kavita's home for safety. The student's parents eventually arrived the next morning to take her home, leaving a lasting impression of kindness and care.

Balancing multiple responsibilities is a routine part of her role. She manages tasks such as the 12th board examinations, government freeship scholarships, and vacation classes, often handling them simultaneously. On the occasion of the college's 40th anniversary, Mrs Kavita extended her warm wishes to the college community, celebrating its progress and encouraging everyone to remain hopeful and committed to their goals. She expressed gratitude to Principal Dr. Mala Pandurang for providing her the opportunity to share her views.

Her reflections showcased her dedication to the college and its students, her ability to adapt to challenges, and her contributions to the institution's growth and resilience over the years.

By Sakshi Shinde, TYBCA.

MRS. NITAL MOGHE

ADMINISTRATIVE STAFF

Nital Moghe joined the college on June 27, 2012, marking the beginning of a journey that now spans 13 years. Her reflections on her time at the institution offer a heartwarming glimpse into the growth, change, and sense of belonging she has experienced over the years.

When asked about the changes she has witnessed, Ms Nital noted a significant shift in leadership style. “The principal has changed,” she shared. “The current principal, while still maintaining a strict demeanour, is also friendly and extremely helpful in various situations. She has been a constant source of motivation, encouraging me to take on new challenges and reminding me that I can do it.”

Ms Nital’s fondness for the college is evident in the way she recalls her transformation during her tenure. “There are so many memories from this college,” she said. “When I first started, I was very simple and introverted. Over the years, this place has become like a family to me. It doesn’t feel like just an office; it feels like home. If I miss a day at the college, it feels like something is missing—the day feels empty without being here.”

One of the aspects Ms Nital cherishes is the inclusion of non-teaching staff in extracurricular activities. “Yes, there are additional activities for non-teaching staff,” she explained. “We have opportunities to participate in dance, exercise sessions, and even Yoga Day. These activities are incredibly useful for me, especially because I love to dance. Now, I feel like I can balance both my work and my interests.”

Ms Nital’s reflections highlight not just her personal growth but also the evolving culture of the college—a place where both professional and personal aspirations are nurtured. Her journey is a testament to the supportive environment that the institution provides, fostering a sense of community and belonging that goes beyond the confines of a typical workplace.

By Sakshi Dubey, SYHD.

MR. NELSON PALLAKARA

LAB ASSISTANT

Mr Nelson, who has been with the college for 38 years, reflected on the significant changes over the past four decades. He highlighted the conversion of hostels into classrooms, the addition of new buildings, and the modernization of facilities, including smart classrooms and computer rooms.

He shared his fond memories of working in a family-like environment under the leadership of a kind principal. Over the years, he has witnessed the college's growth, with students excelling academically and securing good placements, as well as achieving success in sports and arts, including participation at the national level.

He noted long-standing traditions such as Akansha and Dandiya celebrations, where students gathered in the foyer. Despite challenges like space constraints in labs and classrooms, he acknowledged the management's support, especially in financial matters, and suggested further infrastructure improvements.

Mr Nelson expressed pride in his role, particularly his long-standing contribution to the chemistry lab, and noted the evolving role of non-teaching staff, with reduced workload due to better departmental organization. He described the college community as inclusive, with no cultural discrimination, and appreciated the annual recognition given to non-teaching staff.

On the occasion of the Ruby Jubilee, he thanked the teachers, staff, and students for their contributions, emphasizing the collaborative effort that makes the college a success.

By Sakshi Dubey, SYHD.



Art(icle) Section



Prioritizing Mental Health on Campus: A Collective Responsibility

By Ms Fatema Fanuswala, Counselling Psychologist, Dr. BMN College of Home Science

In today's fast-paced and ever-evolving world, many of us unknowingly lose our identity in the race to succeed. The constant pressure to measure up to societal expectations often leads us to neglect our well-being and that of our loved ones. As a counselling psychologist, I witness this transformation daily in the students and colleagues around me. First-year students enter college with a vision, and by the time they graduate, their outlook has often shifted—sometimes in empowering ways, but other times with considerable challenges.

When discussing students, we must recognize that their growth on campus extends beyond academics. Holistic development is crucial, and mental health plays a pivotal role in shaping their experiences. Mental health encompasses everything—from students' personalities and academic performances to their relationships at home. Raising awareness about mental health services and resources is imperative to help students navigate these transformative years effectively.

However, the responsibility of fostering a mentally healthy environment should not rest solely on mental health professionals. Every faculty member, administrative staff, and peer can play a role in supporting students. After all, the brightest student who excels academically may secretly struggle with anxiety or perfectionism. The reserved student who seems withdrawn may have undergone a significant life change, and the most social and cheerful student may be dealing with personal challenges such as anxious attachment. These students are our future athletes, artists, scholars, and leaders, making it essential to prioritize their mental well-being for a better world.

To create a proactive and inclusive campus environment that prioritizes mental health, we must take collective action at all individual, institutional, and societal levels. Mentoring should be an integral part of academic and personal development. Faculty members and senior students should actively engage in guiding and supporting students, fostering a culture of openness and trust. Every student should have access to professional counselling services where they can discuss their challenges in a confidential and supportive setting. We should work towards creating a space where all students, regardless of their backgrounds, feel accepted and valued. Diversity and inclusivity training for faculty and students can help eliminate biases and create a more supportive environment. Faculty and staff should be equipped to recognize signs of mental health struggles and encourage students to seek professional help when needed. Having a clear and approachable referral system in place can ensure that students receive timely support. There is still a significant stigma around seeking therapy. Educational initiatives should be conducted to normalize conversations about mental health and encourage students and staff to seek help without fear of judgment. Well-being should be a fundamental part of academic curriculums and extracurricular activities. Workshops on stress management, mindfulness, and self-care should be conducted regularly. Creating peer support groups where students can share their experiences and struggles in a safe space can be highly beneficial.

Mental health on campus should not be an afterthought but a priority. By taking small yet significant steps at every level, we can create an academic and emotional environment where students thrive. As we celebrate the 40th anniversary of Dr. BMN College of Home Science, let us commit to fostering a culture of well-being, inclusivity, and proactive support for our students, ensuring they are equipped to build a brighter future for themselves and the world.

Echoes Through the Years!

An untold journey of forty years,
A Journey filled with dreams and hopes,
Hundreds of stories and laughs echo classrooms,
Each moment engraved, each memory bound the hearts!

Growing from ordinary roots to soaring high,
Above the same wide, fertile land,
Through Challenges, achievements, chucklings, tears, emotions,
The college grew throughout the year!

Each batch left its mark,
A beacon, illuminating the hearts,
A flame blazing the credence of youth,
From book lessons to life's tests,
Here, we were transformed to be our finest!

Hearts that echoed the empty classes,
Lessons learned, moments enjoyed,
sagacity shared, friendship made,
Far and wide memories laid!

A flight so long and paths unknown,
A core of proficiency radiantly sown,
A future ahead, yet we navigated,
A path is taken, one and all.

An unknown location, we've found our way,
With every daylight and every day,
The Ruby Jubilee, a sparkle,
A path well-trodden, yet unfolding!

Zobiya Khot, FYND



My embroidery design represents the theme "Journey of Memories" by combining various symbolic elements. At the center, the tree with its vibrant leaves and strong roots reflects growth, life, and the foundation of memories that shape us. The camera signifies the act of capturing and preserving those precious moments, while the clock and hourglass emphasize the fleeting nature of time, reminding us to cherish every second. The silhouettes of people under the tree highlight the importance of relationships and shared experiences in creating meaningful memories. The open book with a smiley face represents storytelling and the joy of revisiting past moments. The circular layout, surrounded by floral designs, symbolizes the continuity and interconnectedness of life and its experiences. Together, these elements narrate the beautiful journey of memories and the moments that truly matter in life.

SHIVANI YADAV, SYFSN

Moments that Matter: A Journey of Memories

Life is a garment woven from moments, each one a thread that intertwines with others to create a beautiful memory. Some moments are lost with time, while others linger, stamped in our memories like the lines on a well-worn book. These are the moments that matter, the ones that shape us, inspire us, and stay with us forever. My journey of memories is filled with moments that have left a mark on my heart. One such moment was when I made clay pots in my village with my cousins. I must have been only twelve years old, but the memory of that day remains as vivid as if it were yesterday. The smell of the earthy clay, refreshed our minds, the way we shaped it, guiding the clay with our fingers to the soft clay when mixed with water. The patience, to wait for it to be dried, our curious minds waiting in anticipation. And the feel of making something on our own, the excitement, was incredible. As I look back, I realize that moment was more than just a fun afternoon in the village. It was a moment of connection, of love, and learning. Our patience and curiosity taught us the value of slowing down, of taking the time to appreciate the simple things in life. And as I grew older, I carried that lesson with me, applying it to every aspect of my life. Another moment that matters deeply to me was when I was able to walk on my own after getting diagnosed with tuberculosis and being on bed rest for two months. It was a moment of pride, of accomplishment, and relief. Two months, walking with the support of someone made me have negative thoughts, I felt lonely, felt disabled. I wanted to give up, but my mother didn't. She encouraged me every day, and motivated me to be independent, to walk on my own, she said "don't be afraid of falling, you'll fall and stand up again" and I did. But what makes that moment even more special is the realization that it wasn't just about me. It was about the people who had believed in me, who had pushed me to try harder. It was a moment of connection, love and belief. As I reflect on these moments, I am reminded that life is precious, flowing, and full of beauty. The moments that matter most are often the ones we least expect, the ones that come up on us and leave us shocked and excited. They are the moments that make us laugh, cry, and feel alive. So, let us cherish these moments, hold them close, and never let them go. Let us create new moments, new memories, and new experiences that will stay with us forever. In the end, it is not the years that we live, but the life that we live in those years that truly matters.

Sabiha Esaf -SYHD



A YEAR OF CHANGE



Life was moving smoothly, no highs or lows,
Just a steady pace, with no surprises to show.
But then came this year, with changes so grand,
Everything shifted, like sand beneath my hand.
I come from a conservative family, with rules so tight,
Restrictions that suffocated me, day and night.
But I yearned for freedom, for a life of my own,
To break free from the shackles, and make my heart feel at home.
This year, I suffered, through my thesis work's might,
Traumatic experiences, that tested my will to fight.
I met someone, who wasn't good for me, I confess,
But I kept our friendship, despite the mess.
My friends judged me, with criticism so cold,
But I knew they didn't understand, the story yet untold.
I cried many times, feeling lost and alone,
But then I realized, that change is what makes us grow.
This year, my teachers noticed me, with appreciation so true,
A feeling so wonderful, to be seen and valued anew.
I know that life is unpredictable, with ups and downs so steep,
But I've learned to trust, that everything will be okay, in time, I'll keep.
As I stand in my final year, of college life so dear,
I know that memories, will linger, and bring us cheer.
Though we may not meet, or share laughs, or gossip, or fun,
Notifications on social media will remind us of the good times we've begun.
Time may fly, and friendships may fade,
But memories remain, like a treasure we've made.
So let's cherish these moments, and hold them tight,
For in the end, it's not the years we live,
but the life we live in those years, that truly matter, shining bright.

-Mantasha Musa Inamdar, MSc CND

Cinderella Reborn

A rebel's spark, in glass slippers bright,
You shatter norms, with caffeine-fueled light.
Kindness abounds, amidst chaotic delight,
A demonic charm, that ignites the night.

Critics may scorn, with judgmental gaze,
But you rise above, with fierce, wild ways.
Unapologetic, untamed, and free,
Your spirit blazes, a true anomaly.

Your Instagram bio, a manifesto bold,
Declares your individuality, young and old.
No demure facade, but authentic fire,
A demonic Cinderella, your heart's desire.

In this modern tale, you rewrite the script,
A heroine of chaos, with kindness intact.
Fuelled by coffee, driven by passion's might,
You shine, a rebel, in the dark of night.



Tanisha Thapar, FY TSFD

The Lonely Storm

He was a boy, so joyful and bright, spreading his laughter, a beacon of light. She was a girl, so quiet, so shy, with shadows of loneliness clouding her sky. He had his friends, a circle so wide, while she held her storms with no one beside. Her heart was a puzzle, brozen and torn, drenched with a storm that had been long worn. As days went by, their bond grew deep, a love so strong, like a dream they'd keep. He gave her warmth, and she found her place in his kind world with his gentle embrace. But time can change the way hearts beat, the boy grew busy, lost in his feet. She was all alone, with a storm in her heart, a fragile soul, now falling apart. They argued and tried, but love slipped away. The light in her life began to decay. She fought for him but was left on her own, back to the silence she had always known.

Saili Desai, FYND

महत्त्वं...

महत्त्व द्यावं त्या क्षणांना,
जेव्हा सोबत कुणी असतं.

महत्त्व द्यावं त्या माणसांना,
जेव्हा प्रेमळ कुणी असतं.

महत्त्व द्यावं त्या भावनांना,
जेव्हा काळजी कुणी घेतं.

महत्त्व द्यावं त्या आतुर्तेला,
जेव्हा खरंच कोणी तरी वाट पहातं.

महत्त्व द्यावं त्या प्रेमाला,
जेव्हा ते शुद्ध आणि निर्मळ असतं...

~ साईली देसाई, FYND

समुद्र...

किती मोकळा आहे हा समुद्र,
प्रत्येकाचं दुःख साठवून घेतो हा समुद्र,
ह्या दुःखांवर लाटांचं पांघरूणही घालतो हा समुद्र,
पौर्णिमेच्या चंद्राला पाहून
लहान मुलासारखा पाय मुढपून देखिल बसतो हा समुद्र,
मात्र काळोख्या रात्री उफाळून ही येतो हा समुद्र,
कदाचीत त्याच्या ह्याच रूपामुळे तो खास आहे,
त्याचं स्वतःच एक अस्तित्व आहे,
मुळात तो निःस्वार्थी आहे,
कॅदाचित म्हणूनच तो माझ्या जवळचा आहे.

- साईली देसाई, *FYND*

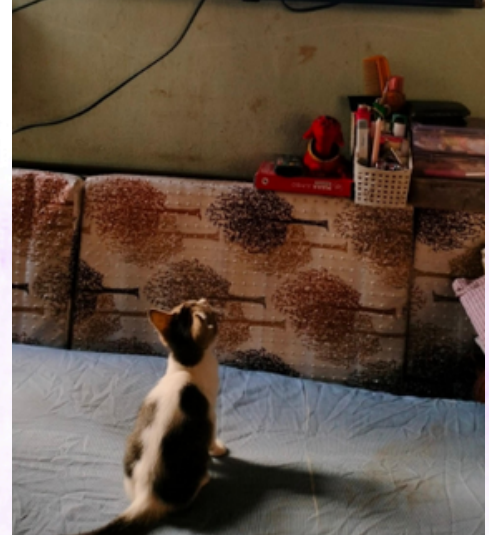


39 Days of Love



Some bonds are fleeting but leave a lasting imprint on the soul. Olly AKA Chhutki a tiny kitten with pale green eyes and a heart full of mischief, was one such bond—a small star who brightened our lives for a brief, beautiful time. It all began On October 25th, Olly wandered into my mother's shop, where my mother offered her a bowl of milk, unaware she'd soon become part of our family. With Oggy, our proud male cat, ruling our home, bringing Olly inside wasn't safe, so she spent her first night in my father's rickshaw. The next day, I met Olly for the first time, she was just a month old. Her pale green eyes and tiny frame won my heart. After 2 days she fell ill with a stomach infection. After a vet visit and treatment, she recovered quickly, bringing joy back into our home during a Diwali we hadn't planned to celebrate due to a family tragedy. Olly's presence turned our sorrow into light, a true blessing. We brought Olly home in a box, keeping her away from Oggy, who wasn't ready to share his space. Initially, he growled and tried to assert dominance, but soon, they became inseparable—sharing spilt milk, playfully fighting, and sleeping side by side. Olly's intelligence amazed us from the start. At just one month old, she knew how to use the washroom, a skill Oggy hadn't yet mastered. Embarrassed by her, he eventually followed her lead to use the washroom after months of messy habits. Olly loved watching TV and reels, and her appetite was endless—finishing 100 grams of cat food in just two days, leading us to buy her a full-kilogram box. Olly also claimed Oggy's secret spots, and though he gave sarcastic looks, he never harmed her. Instead, their bond grew stronger. They were best friends, partners in chaos, and each other's comfort. Life is fragile, and love brings heartache. Oggy fell sick first, and despite being advised to keep Olly away from him, her playful nature couldn't keep her apart. Soon, she too became ill, and despite medication, her condition worsened. She became weak, yet her intelligence and spirit shone through. Even while vomiting, she made her way to the washroom door, as if not wanting to trouble us for cleaning. On her last night, Olly slept beside me. The next morning on 3rd December, she vomited again, her breathing labored & She was in ICU on a ventilator in the afternoon. In the evening, When I returned home from college, I found her near the washroom door, breathing faintly. My brother was crying, and said she wouldn't make it. We rushed her to the hospital, but despite our efforts, she passed away in my arms on the way to the hospital. The weight of Olly's loss was unbearable. Oggy, her partner in crime, gave her a final goodbye before we buried her. The house felt emptier, her favourite spots untouched, and her cat food left uneaten. Every corner echoed with her absence. Though Olly was with us only for just 39 days, she gave us a lifetime of memories. Her intelligence, playful spirit, and unconditional love showed us that even the shortest lives leave the deepest marks. We miss her dearly, but her light continues to guide us in our hearts. Olly's time with us was brief, yet her impact was eternal. She taught us to cherish every moment, find joy in the little things, and love without limits. Though she's gone, her spirit remains a reminder that love, no matter how brief, is always worth it. She was a tiny star who left a big impact, her memory forever etched in our hearts.

Sheetal Verma, FYFSN)

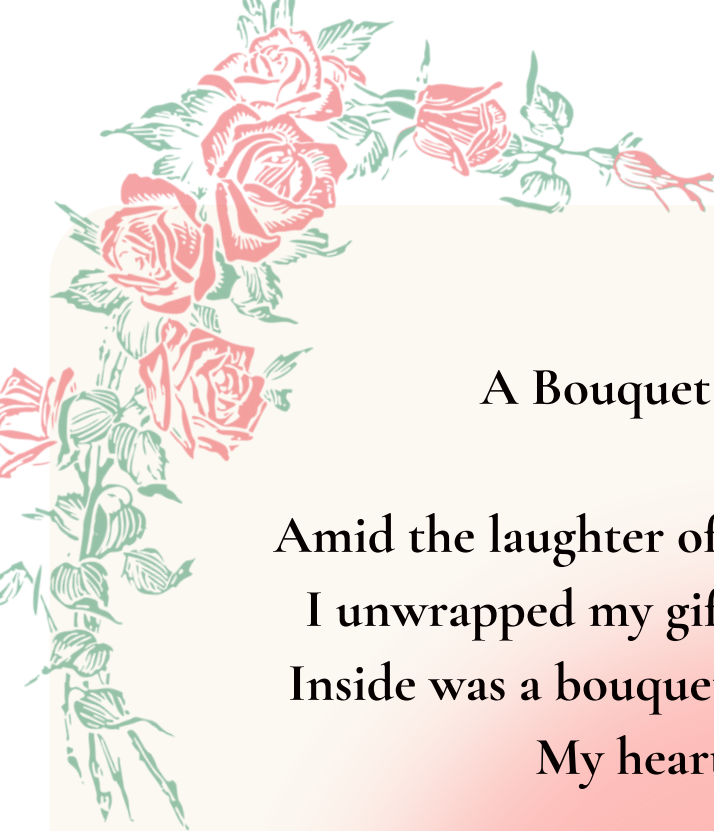


आठवणींचा प्रवास

माझ्या मते आठवणी म्हणजेच आपल्या आयुष्यातील त्या सर्व सुंदर आणि अविस्मरणीय क्षणांचा संग्रहीत ठराव. प्रत्येकाच्या आयुष्यात काही खास आठवणी असतात ज्या त्यांना प्रत्येक वेळी मनाच्या खोलवर कुठे तरी गोड सुख देऊन जातात. आयुष्याच्या विविध वळणांवर या आठवणींचा एक विशिष्ट ठसा असतो. त्यात कधी दुःखाचे रंग असतात तर कधी आनंदाचे, पण सर्वच आठवणी एकत्र येऊन एक विलक्षण अनुभव तयार करतात. एक अशाच आठवणींच्या प्रवासाची गोष्ट सांगताना अनेक वर्षांपूर्वीची गोड अनुभवाची वळणं समोर येतात.

मी लहानपणी जेव्हा माझ्या आजोबांबरोबर राहायची तेव्हा एक अद्भूत अशा वातावरणात मी वेळ घालवायची. आजी आणि आजोबा फारच प्रेमळ होते आणि ते मला छोट्या छोट्या गोष्टी शिकवायचे. त्यांच्या आवाजाती- ल गोडवा, त्यांच्या चेहऱ्यावर असलेला नेहमीचा हसरा लू चेहरा आणि त्यांच्या सोबत केलेली बागकामाची मजा, हे सर्व आजही माझ्या मनाच्या खोलवर जीवंत आहे. आजीचा । व आजोबांचा हात धरून केलेली शेतकामातील छोटी छोटी काम, ती काही क्षणांची परंतु माझ्या जीवनातील अनमोल आठवण बनून गेली. ते शेतात काम करत असताना मी त्यांच्यासोबत कधी रानफुलांची वेचणी करत होते, तर कधी 'नदीकिनारी गया' भारत बसायचो. या सर्व अनुभवाचा 'छायाचित्रांच्या रूपात माझ्या मनामध्ये आजही त्या गोष्टी जिवंत आहेत.

माझ्या शालेय जीवनातही काही अविस्मरणीय अनुभव घडले. शालेतील सहली, मित्रांसोबत केलेल्या गमती, शालेय उत्सव आणि परीक्षेचा ताण हे सगळं एकत्रितपणे जणू एक सुंदर कथा बनून राहिल्या आहेत.



A Bouquet of Thoughtfulness

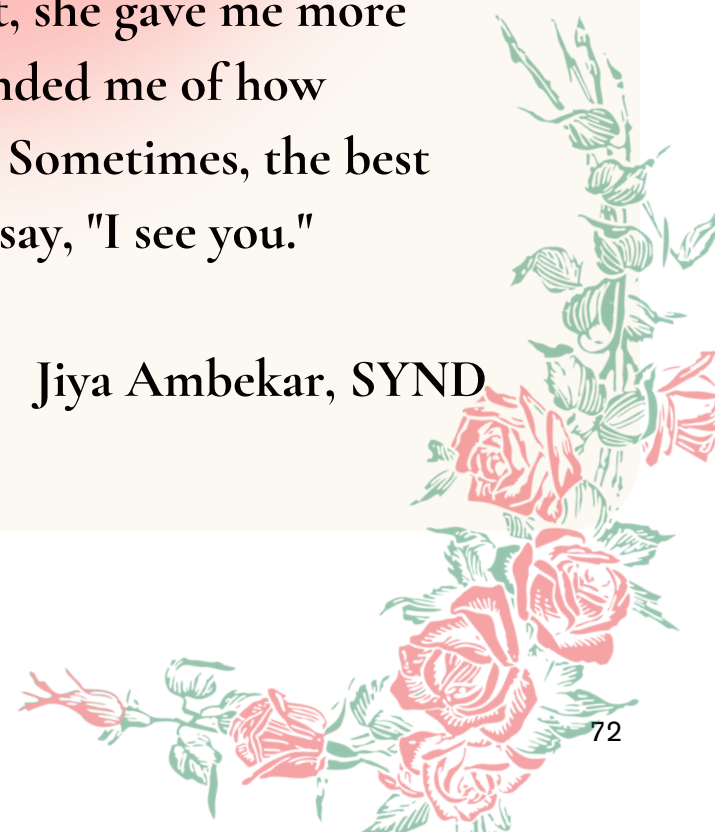
Amid the laughter of our Secret Santa exchange,
I unwrapped my gift with nervous excitement.
Inside was a bouquet of red roses-my favourites.
My heart skipped a beat.

How did my Secret Santa know?

Then my friend stepped forward, smiling.
"Surprise!" she said. It hit me-she had noticed
the little things: my love for flowers,
how their scent calmed me, and my preference for simple joys.

In that thoughtful bouquet, she gave me more
than flowers; she reminded me of how
much small gestures matter. Sometimes, the best
gifts are the ones that say, "I see you."

Jiya Ambekar, SYND





-Anoushka Bhalerao, SYHD

Timeless Moments of Togetherness



This photograph captures the essence of longevity and health in senior citizens. My grandparents, in their golden years, engage in a lively game of carrom, exuding joy and warmth. Their wrinkled hands, a testament to years of love and labor, move with a gentle elegance. This moment, frozen in time, celebrates the beauty of aging, the importance of social connections, and the simple pleasures that contribute to a long, healthy, and happy life.

Vedanti Mhamunkar
TYHD



The Concluding Memories

The journey that expects us to reach the end.

The moment lies in the moments we spent.

The memories we create be they glittery or like thorns,

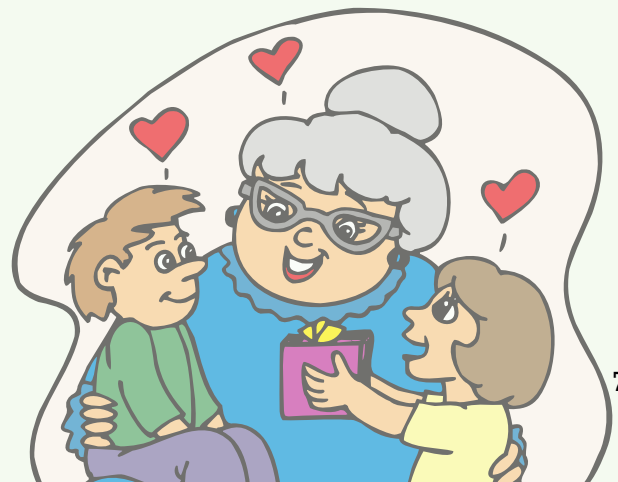
In the end, it's the memories of the past.

-Fatema Kapasi, SYRM

THE INDELIBLE MARK OF A LOVE

My grandmother's love and wisdom have shaped my life in many important ways. From my birth to the day she passed away, every shared moment was a precious gem, a testament to the enduring bond we shared. She was my guiding star, my constant source of comfort, and my most influential teacher. Her gentle guidance shaped my understanding of human relationships, the art of resilience, the sanctity of family ties, and the profound nature of spirituality. Yet, amidst her vast knowledge, she could not prepare me for the void her absence would leave. Beyond her role as a grandmother, she embodied the essence of motherhood, fatherhood, and every significant figure in my life. Her love was as vast as the ocean, as unwavering as the mountains. She shielded me from life's storms, nurturing my growth with tender care. The twelve years we spent together were a symphony of joy, laughter, and unwavering support, a period of unparalleled happiness and learning that defies simple description. Her memory, a cherished keepsake, continues to inspire and guide me, reminding me of the enduring power of love and the profound impact one life can have on another. Her laughter echoes in my heart, a warm reminder of the love we shared. Though she's gone, her spirit lives on, guiding me every step of the way. I'll forever cherish the memories we made, the lessons she taught, and the love she gave. Her absence is a stark reminder to live life to the fullest because you never know when it might end.

Aaiysha Ansari SYND



Here's to all the Daughters

She's the one about whom parents didn't have to worry. She learned all the life skills with ease. Her talent and strength always make a bold statement in society. Her presence, her aura, and her actions are always respected and admired. She is the epitome of power and beauty, but still, no one ever asks her about her likes, her favourite colour, or her favourite movie. No one asks, "Are you okay, sweetie?" She is burdened with responsibilities she never asked for. She heals the traumas of others but is herself battling depression. She has her father's anger issues and her mother's creativity. She heals her mother's scars and has the potential to hold her ground in a heart-to-heart conversation with her dad. Her bravery is her armour, her intelligence is her sword, and her patience is her shield. She fearlessly fights all battles alone and still wins with the beauty of her scars. She is a Wonder Woman, neglected by people, but still shines because she is a born star. People value her presence and admire her decisions. She doesn't appreciate herself, while others keep wondering how she manages to do it all alone. She wears her scars with pride and stands strong, reminding us that strength defines elder daughters.

Jiya Ambekar SYND

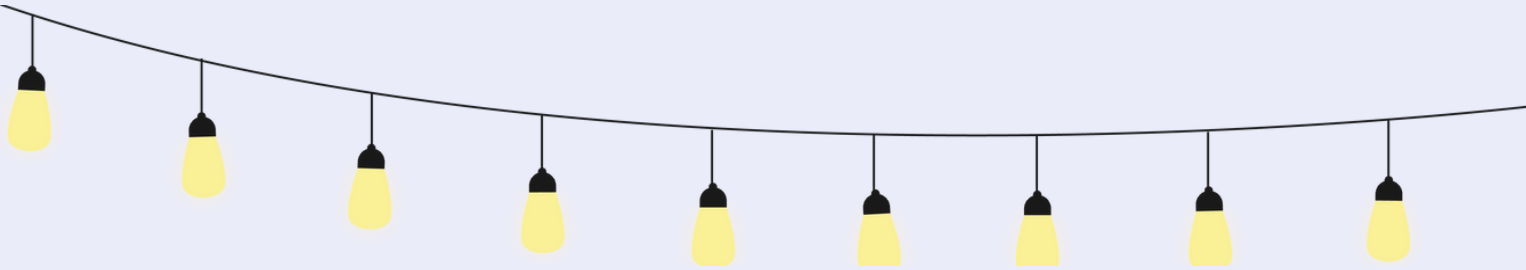




WAY BACK HOME

The sun is setting, it's almost 6pm, the vivid shades of yellow and orange are spreading like calm fire. The setting sun is promoting the end, but on the contrary is depicting a second chance for new beginnings. People are on their way back home journey. Their tired faces are revealing their stress, their heavy bags are depicting their responsibilities, their soul are demanding peace. The trains and buses are filled with people, each one wants to step in, but are left behind as the capacity of buses and trains have exceed their limits. some are hanging outside the train doors risking their lives just because they don't wanna miss this one. At this moment the honking of train running on the tracks alerting the stations of its arrival is the most satisfactory one's. Each one is holding a different story, just not revealing it as no one is there to listen to them. From my eyes I see them as the real supers heroes and wonder women, who are hustling for the needs of their loved ones.

Jiya Ambekar, SYND

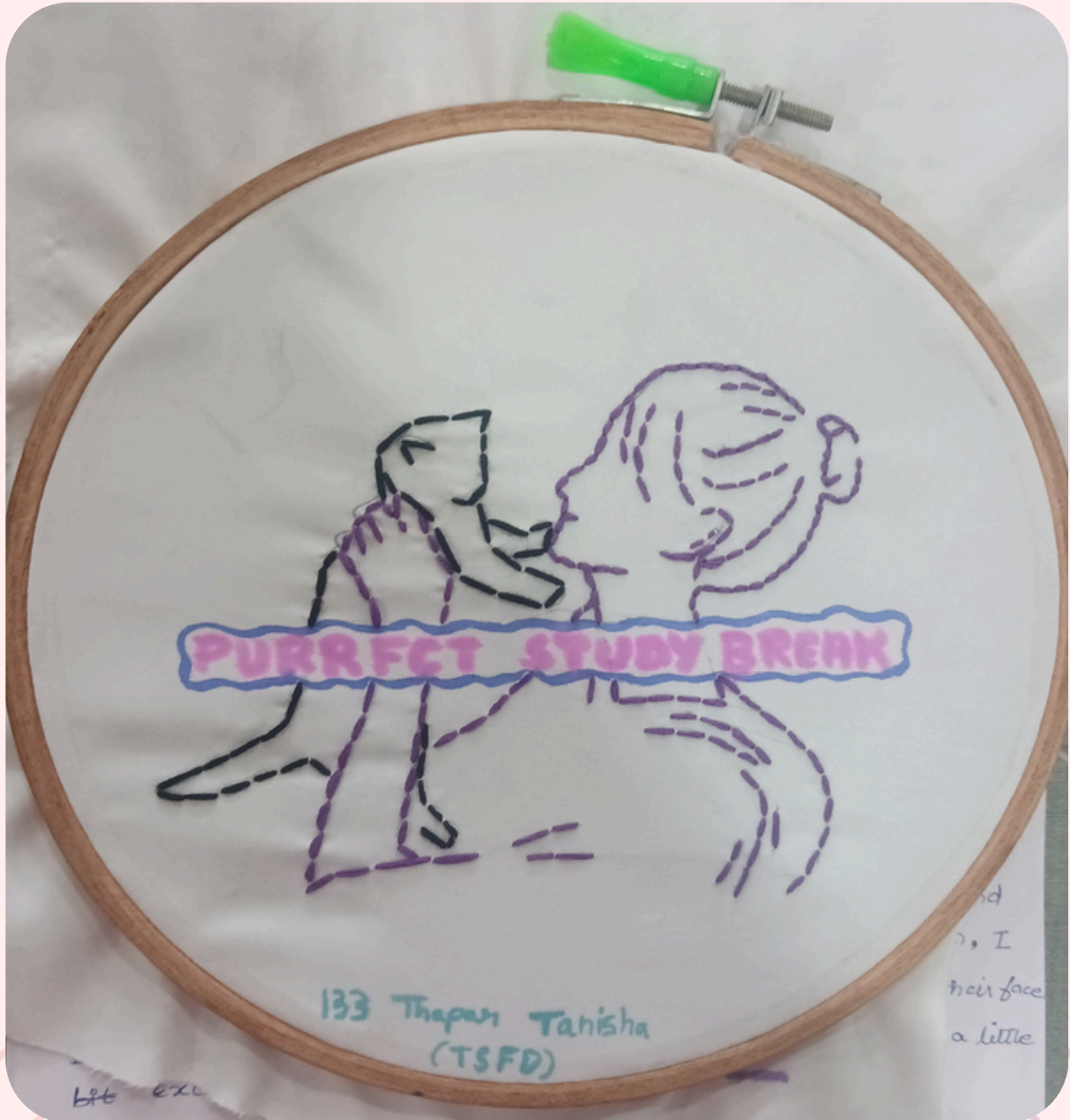


MEETING THE END

Setting sun,
Running trains,
Journey of way back home, is making our day.
Dimmy lights,
city nights,
late bus rides,
journry still continues,
Story of each human alive,
bringing back the spark in life,
love is constant,
journey of responsibility changes from day-to-night.
The doors are wide open,
smiling faces welcome,
joy of returning home is like no other,
bringing it to end.

Jiya Ambekar SYND





**Thapar Tanisha,
FYTSFD**



It was one of those overcast days when the campus felt a little quieter than usual. We were sitting near our gate. All of our friends were together, some with their books opened and some were engaged with their phones. No one was talking at first as we didn't know each other well and it was kind of awkward. But then suddenly, I mentioned the assignment that was due soon. The conversation drifted from homework to random things. And from that day we started talking and not even knowing came closer to each other.

The start of our friendship started with our college campus. After a bit of conversation, we decided to explore our college together and started to know each other better. I still remember that day we sat in our college canteen. A simple one but real. A moment that would fade into memory. I would look back on when I needed a reminder that college was more than just the stress and the work. It was these small, fleeting moments of connection. I will always remember this memory in my heart. and will try to create more on our college campus!

-by Fatima.



Fond Memories from Campus

The degree college was very different from that I imagined it to be, but it was certainly far better than the junior College, a little bit stress free but also very nervous for the new responsibilities and challenges to face ahead in my life. One of them was my first time doing a presentation. It was a project in the English subject that was given to us. It was actually a group project and that made me ease a little bit, before getting back to my nervous state again. While making the presentation as well, the only thing that made me stuck was how I am going to present it in front of the class, in front of the teacher. But alas! The day came with not sleeping properly the night back, waking up ahead of my alarm I got ready for it. With a shaking body and a nervous self I came to college only to realise that I had reached a whopping 20 minutes early. After informing my parents I was left with the thought “when is it going to end”. Finally the time came and the presentation started. Before my group there was another group who was presenting our turn came and we started, turn by turn everyone in the group came did their part and left, and it was my turn now with sweaty and shivering hands I came in front and started to say. As the time passed with me saying, I surprisingly started to gain confidence and my nerve business started to vanish slowly. As the time passed I got more and more relaxed and comfortable. As I ended the presentation, I moved to see my friends and by looking at the smile on their face I realized that I did well. Since then I have always been a little excited for presentations.

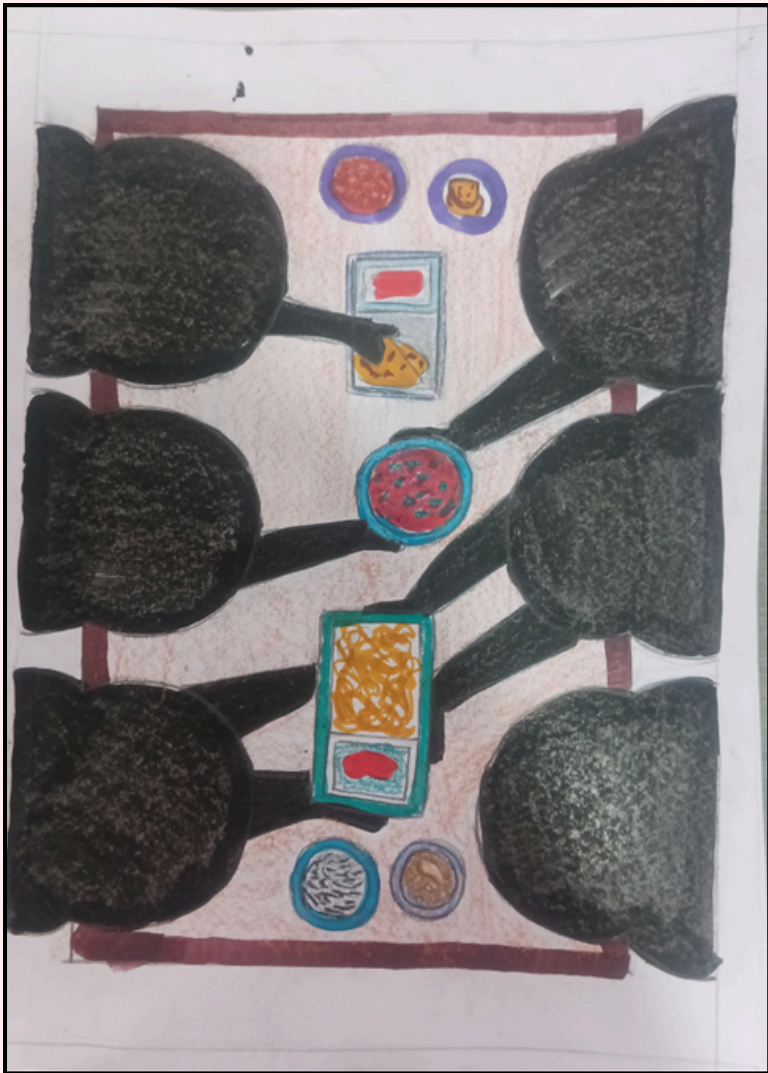
It was late afternoon, the kind of light that made everything look softer, more forgiving. A group of us were sitting on the low brick wall near the library, books scattered around but mostly ignored. Everyone was tired, the kind of tired you get after a long day of lectures, but there was still a comfort in being outside, surrounded by the buzz of campus life, the low murmur of students heading to the dining hall or hurrying to catch the bus.

I remember the air was still warm, but there was the faintest hint of coolness in the breeze, a reminder that the semester was starting to shift towards autumn. One of us was idly scrolling through their phone, another had their headphones in and someone else was talking about the party that weekend. It wasn't anything profound, no deep conversations or life changing moments. But it was real. It was those little pauses between the chaos of assignments, exams and the constant pressure to keep moving forward.

Someone started talking about how they'd missed a class because they slept through the alarm and suddenly we were all joking about the ridiculous ways we all manage to screw up, laughing at how none of us were perfect but we were getting by. Even the sound of a distant siren or the occasional bike bell ringing didn't interrupt the conversation, just faded into the background noise of college life.

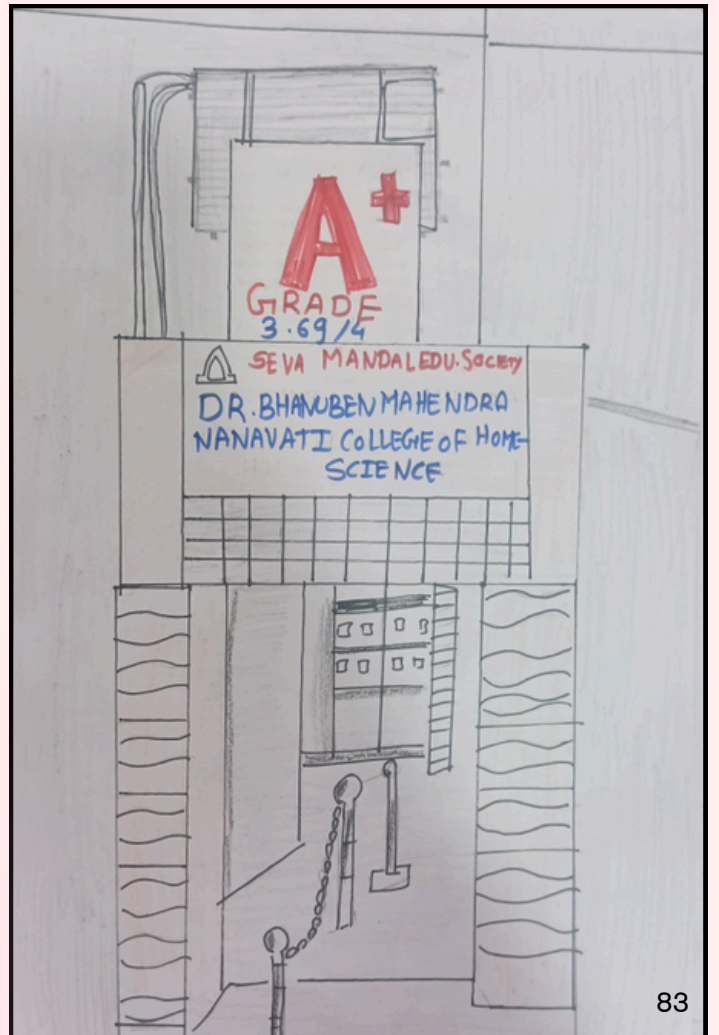
A few friends walked by, waving as they passed. There was always that moment of looking up from whatever you were doing, smiling and acknowledging each other in passing. Sometimes, we didn't even stop to talk. It was just this unspoken understanding we're all in this together, even if we're too busy to really say out loud.

Eventually we packed up our things, knowing we still had to hit the library or finish that paper but the rush didn't feel quite so urgent. We walked off in different directions, each of us with our own little world to return to but for that brief moment, it had felt like time slowed down. Just enough to remember why we were doing it all in the first place.



Shriya Godbole, FYFSN

Priti Zagade, FYTSFD





Riya Khatua, FYTSFD

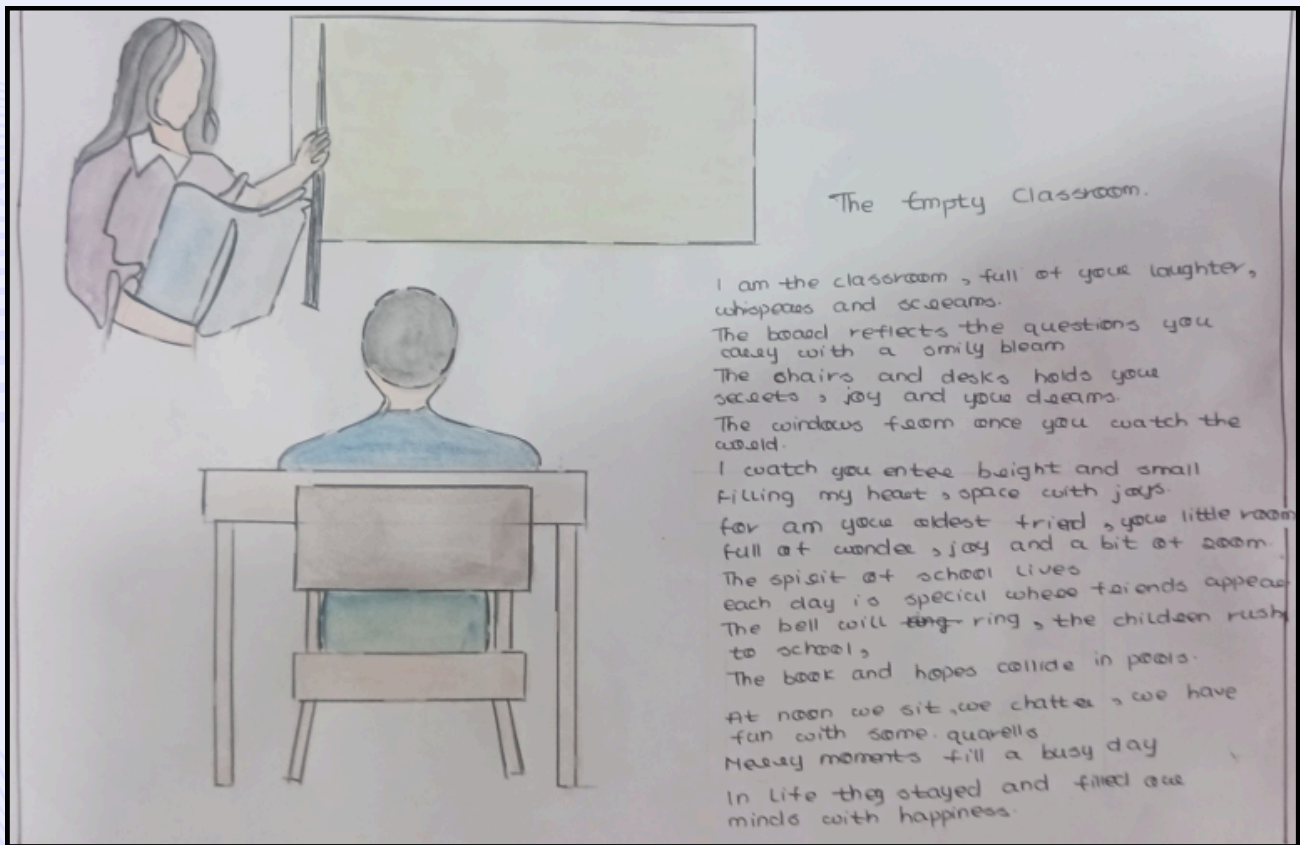
Tayyaba Khan, FYND



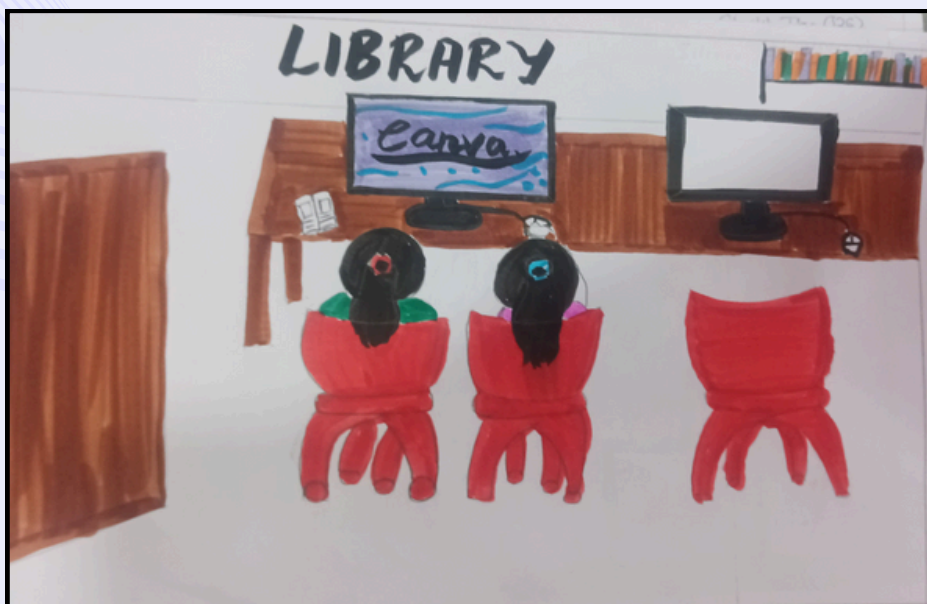
Asiya Mansuri, FYTSFD



Karina Sharma, FYTSFD



Nida Shaikh, FYFSN



Cheryl Fernandes, FYND



Anushka Mulay, FYND

A JOURNEY BACK TO PEACE: MY VIST TO THE VILLAGE

A bright sunflower standing tall under the evening sky. Its yellow petals seemed to glow with happiness, reflecting the beauty of nature around me. Looking at it, I felt a sense of peace and joy. The sunflower reminded me how beautiful life can be when we take a moment to appreciate the small things

Full of green crops and surrounded by small, simple houses. The golden light of the setting sun made everything look magical. Standing there, I could feel the harmony between nature and the people who live there, working in tune with the land.

The sky above was painted with soft clouds, and the fresh greenery stretched far and wide. Walking along these paths brought back memories of my childhood, when life was simpler and calmer. It felt like the village was welcoming me back, offering a sense of belonging.

Jannat Ansari, SYND



THE GOLDEN DAYS OF SCHOOL LIFE



The school was not just a place for learning; it was a treasure trove of memories, a sanctuary where life felt peaceful and carefree. Every corner of the school echoed with laughter, every classroom held lessons that went far beyond textbooks, and every teacher inspired dreams of a brighter future. I still remember how much I learned there, not just academically but about life itself. Those were the days when life was simple and full of joy. The worries of the future seemed distant, and the present was all about friendships, games, and discovering the world one lesson at a time.

The joy of writing with chalk on the blackboard, the excitement of getting books checked, and the thrill of seeing Good or Excellent written by the teacher those little moments held a magic of their own. Each mark felt like an achievement, each comment a token of appreciation. It wasn't just about grades; it was about the pride of doing something right and being noticed for it. Those simple words in red ink brought a sense of happiness that words today cannot describe.

The teachers were more than just educators; they were guides who taught us valuable life lessons and motivated us to aim high. Their encouragement was a light that fueled our ambitions and helped us believe in ourselves. But as life moved on, things began to change. The innocence of childhood gave way to the complexities of adulthood. The simplicity of school days was replaced with the challenges of a fast-paced, hard life. I often find myself longing for those golden days when life felt so perfect and peaceful. Those memories of school remain etched in my heart, a reminder of a time when life was at its best. It was not just a place; it was a journey of growth, happiness, and endless learning. Those school days will always be the most cherished part of my life.

Jannat Ansari, SYND





As this year comes to an end, I find myself reflecting on all the moments that made it unforgettable. It was a year filled with happiness, laughter, and even a few challenges, but every moment shaped me in some way. One of the most special memories was my trip to Goa with my cousins, who are more than just family they are my best friends in the world. From sunny beaches to endless laughter, every moment we spent together was filled with joy. That trip reminded me of how much I treasure the bond we share. Shortly after, my closest cousin who is not just family but also my best friend got engaged. Watching her step into a new chapter of her life was an emotional and overwhelming moment for me. It was pure happiness, and it brought us even closer. Seeing her so happy made my heart full, and it's a memory I'll hold onto forever. This year wasn't just about family; it was also about friendships that grew stronger.

I became closer to my college girl gang, and together we turned everyday moments into something magical. From shared laughter to deep conversations, they became my source of joy and support, making even the simplest days feel special. Another highlight of the year was witnessing the victory parade at Marine Drive after India won the World Cup. The streets were alive with excitement and pride, and being part of that celebration felt incredible. It was a moment of unity and pure happiness that I'll never forget. But not every day was easy. There were moments when sadness crept in and made things hard. Yet, I survived those days, and they taught me to be stronger and more grateful for the happier times. Those moments reminded me that even on the toughest days, brighter days are ahead. This year has been a mix of highs and lows, but every experience has made me grow. It was a year of love, laughter, learning, and resilience. As I step into the next year, I carry with me the memories, the lessons, and the hope for even better days ahead.



Preeti Rathod SYND

Carved Memories & Forgotten Names

Jinny, oh Jinny,

I still remember the days we chased the afternoons barefoot,
Quarrelling for the window seat, laughing till we couldn't breathe.
With scraped red knees and ice lollies in hand,
We built forts in the dirty garden and ran after butterflies.
Our world was small, but it felt infinite.

You had this obsession with carving your name on everything I owned,
Like you wanted to leave a piece of yourself wherever I go.
Your brown eyes and messy curls were a constant,
Sometimes comforting, but sometimes a threat.
The wooden swings where we engraved our names now sit abandoned,
But those summers still whisper in the wind.

Then life began to shift, new college, new people, new dreams.
We drifted, our daily hangouts scattered, and our calls turned to none.
Growing up together with arms linked felt neglected.
Just so you know, I'll always stan Kim Dan,
But in the soil of 'once,' I can still feel your memories tangled with mine.

You went from late-night calls to early mornings in her world,
From my New York to her Paris,
And I stood in the middle of it all,
Alone in a crowd, watching us become strangers.
You called it maturing, but to me, it felt like forgetting.

With different faces and mismatched schedules,
We lost the beats we once danced to.
Still, when I think of us, I can only recall our laughter,
Because in my heart, we're still those kids,
With beautiful memories chasing butterflies
Jinny, oh Jinny, where did we go wrong?

NIDA SHAIKH, FYFSN



