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Dr. BMN College of Home Science
NAAC Re-Accredited A+ Grade with CGPA 3.69 / 4
UGC status College with Potential for Excellence

Summer Vacation

MESSAGE TO THE READERS

Dear Readers,

We, the BMN Bulletin Team, are incredibly excited to present our latest issue to you. In this edition, the theme is 'Summer Vacations'! A break much sought after. The one thing we all wait for. Hope you enjoy every page of our young writers, as it takes you on a journey exploring the beautiful tapestry and as they all re-live their summer days, and bring back cherished memories of their journeys, hobbies and latent talents.

- The Faculty & Editorial Team



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THE SUMMER OF 2023

The summer of 2023 was all great, wasn't it? You had no pressure of studying obviously, if you are someone who was studying the next semester's subject, it might have been great overall anyway. So I was busy attending marriages and family functions which made me realize how important the family is and no matter what, they are going to support you anyway, so if you didn't spend your summer vacation with your family, make sure you do it next year. This summer, I read many books and I am here to recommend 2 books that I thought might be helpful for people who are interested in books and also for those who are not interested in books. Many of the readers might even know the names and my explanation may not satisfy, but everyone has their own opinion and we are free to share what we think.

Coming to the books, the first and the most famous book is *ATOMIC HABITS* by James Clear. Can we just say that this is the best book if you want to improve your habits? Well, it is the best book. All of you who get bored by reading books or are not even interested in reading books. I would recommend you at least buy it once, it just attracts you so much that your soul will be tempted to read it. Coming to what this book might teach you is HOW DO YOU BECOME THE BEST VERSION OF YOURSELF? Just think, if I am bad at writing content and I want to improve it, then here is James Clear who will just give the bare confidence by saying that it takes one step and a bit of confidence to do so. It will work out and if it doesn't you are not going to get punished. Today, as I write for this bulletin issue, I would like to thank him and the one bit of confidence which made me do this. Even if this gets rejected, I would still be confident that at least I did it, I know you will feel many emotions, but trust me just go for it and just do it.

This book has many good quotes which will help you tremendously, one of them which I can never forget is “You don't like a bad habit, you like the feeling which you get after performing that habit.” He has given it in the form of an example, but I gave it as a conclusion where you can just add your bad habit and the feeling you get after doing that habit. It's simple, if you want to improve, you will work on it. It might be tiring but will never harm you. Trust me this might be the best self-help book for you if you are struggling mentally or even lacking motivation.

And the next book is for the fictional readers, if you are someone who tends to read romantic books, I got you! *King of Wrath* is highly recommended by me. Just read this book once and you can never get over the book, it will keep on calling you back. Don't ask me how many times because I have read this book a lot and I can never stop reading this book. It is a love story about Vivian and Dante the main characters and how they form a beautiful love story. Some pages might just break your heart but it means that the author has done the job in the best way possible.

I just want to mention that the author, Ana Huang has always published the best books. This book, which I am suggesting is the book I read in the summer of 2023 or else all her books are so great that I would recommend the whole series that she has written till now. This book just provides a warm feeling and makes you believe that love exists, it could be between brothers, sisters or anyone.

Hope these recommended books help you. Do what your heart tells you!

- Ms. Aanchal Patil
SYBCA II



Embracing the Splendour of Summer: a season to cherish

As the sun painted the sky in shades of warmth, signalling the arrival of my much-awaited summer vacation, I found myself standing at the threshold of a truly extraordinary escapade. Armed with an insatiable curiosity and a heart yearning for connections, my summer of 2023 unfolded like a tale of enchantment, seamlessly weaving threads of spirituality, cherished family bonds, and the allure of literature.

A devoted lover of books, my previous summers were synonymous with the joys of immersing myself in the pages of countless novels. However, this year was destined to be different; it beckoned me to embark on a transformative journey, one that would intricately knit together the fabric of my faith with the embrace of cherished familial ties.

As the tranquil month of Ramadan extended its gentle embrace, I readily surrendered to its enchantment. The early hours of dawn witnessed me engrossed in the profound verses of the Quran, each word was a luminous gem guiding me through the intricate maze of existence. The daylight hours of fasting became an oasis of introspection, where I found solace and an unbreakable connection with my spiritual core. As the sun dipped below the horizon, the nights came alive with fervent prayers, cocooning me in a tapestry of tranquillity.

However, my summer sojourn was destined to traverse beyond the realms of spiritual contemplation. The promise of a cousin's wedding pulled me towards the embrace of my ancestral village, a sanctuary of rustic charm and timeless traditions. Amidst the lush green fields and the symphony of crickets, the wedding festivities unfurled like the vibrant chapters of an age-old saga. The village's warmth seeped into every fibre of my being, gifting me invaluable lessons that no conventional classroom could ever impart.

Immersed in the loving hospitality of my kin, I discovered the art of crafting traditional culinary delights. With spices as my companions and culinary traditions as my guide, I embarked on a culinary journey that mirrored the symphony of flavours. In the company of kindred souls, our conversations over cups of tea transcended the virtual realm, forming a genuine connection that defied the digital age. Amidst laughter and shared stories, the ancient wisdom of the village flowed through our interactions, enriching my perspective in ways I could have never fathomed.

And oh, how my cherished books continued to accompany me on this journey! Beneath the shade of ancient trees, their pages whispered tales of exploration, igniting my imagination with a thirst for wanderlust. These literary companions seamlessly intertwined with the timeless wisdom imparted by the village elders, forging an exquisite symphony of insights that resonated deeply within my heart.

My 2023 summer was an unconventional masterpiece, painting a portrait of faith, family, and fervour. In the dance of words and prayers, amidst the embraces of loved ones and the symphony of nature, I reached the culmination of this chapter with a heart overflowing with gratitude. The indelible ink of these experiences, etched onto the canvas of my soul, shall forever remain unblurred.

As I step beyond the threshold of this transformative summer, I carry with me the essence of awakening, the treasures of enrichment, and a harmonious resonance with the ever-unfolding symphony of life.

- Ms. Sadiya
SY B.Sc

Embracing the Joyous Symphony of Summer Vacation

Ah, the enchanting season of summer vacation has finally graced us with its warmth and splendour. As the school bell rings its final chime and workplace desks are briefly abandoned, a world of limitless possibilities opens up. Summer vacation continues to enchant us year after year, enticing us to go on hikes that will leave us with lifelong memories.

A vast array of components naturally merge in this harmony of leisure, creating an arrangement of experiences that inspire, rejuvenate, and revitalise. Summer vacation provides a blank canvas for people to paint their dreams on, from the shimmering shores of calming beaches to the bustling streets of fascinating cities. It's time to leave the ordinary behind and embrace the remarkable.

Families reunite, friendships expand, and relationships are restored as the sun bathes everything in its golden warmth. The thrill of watching youngsters construct sandcastles on the beach or share laughs around a bonfire beneath starlit skies is unrivalled. These moments remind us of the essence of life and the value of relationships.

Helen Keller said, "Life is either a daring adventure or nothing at all." Summer vacation reflects this spirit, encouraging us to venture outside our comfort zones and explore the unknown. Whether overcoming a fear of heights by zip-lining through lush canopies or immersing ourselves in the diverse cultures of distant locations, each encounter profoundly enriches our lives.

But don't underestimate the rejuvenating impact of doing nothing at all. A calm afternoon spent reading a book with a nice breeze stroking our skin can be just as fulfilling. Summer vacation allows us to find peace in the simple joys that sometimes escape us in our hectic schedules.

Briefly, a summer holiday is a balanced blend of discovery, relaxation, and connection. It's a time to tell stories worth telling, to discover hidden aspects of the world and ourselves, and to be reminded of the pure joy of being alive. So, as the sun-kissed days unfold before us, allow yourself to accept this gift with open hearts and minds, for within its embrace is a treasure.

- Ms. Sakshi Gupta
SYBCA I

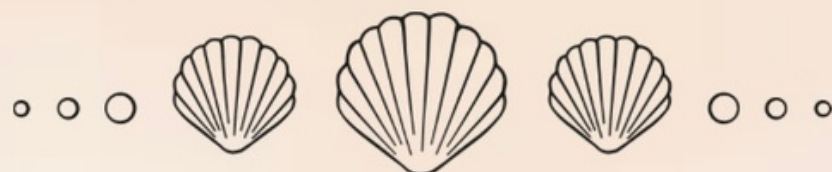
Summer Vacation

Finding words to describe the joy of "vacations" in just one poem is a really strenuous task! Because the whole joy of summer vacations can't be confined to just a few poetic lines and you can barely tell me otherwise!! Summers in Mumbai can be very tedious for people not used to heat & perspiration. From a teenage perspective, till this stage of life; summers have always been purveyors of happiness as there are holidays!! Summer brings the warmth of nature, a sense of relief, and the golden part of summer - Mangoes !! The almighty king of fruits who everyone loves, arrives only during the Summers!! Mangoes can't even be seen during the rest of the year so it's safe to say that Mangoes are the "apple of everyone's eye!!" However this summer, I travelled across states and visited Kashmir to experience snow in summers!

Summers give a whole different layer to nature. The joy is cumulative with the universal fact that summers don't just bring warmth to this planet but also our souls!! Kashmir is wrapped with captivating wildflowers all over during summer whereas the whole of South India, sun baths with its tall coconut trees in summer. The Thar desert in Rajasthan turns golden during the summer and the whole northeast shines in summer!! All across the country, there's a lot more tranquillity in summer. Farmers prepare their farmlands for monsoons in summer, coastal areas get flooded with tourists during summer and most importantly we all just go to our native places which brings us back to life; and all this happens only during summer vacations!!

In short, summers are not just essential for nature to flourish but also for our souls to retain that spark, happiness, and warmth!

- Ms. Kimaya Gharat
SY BCA I



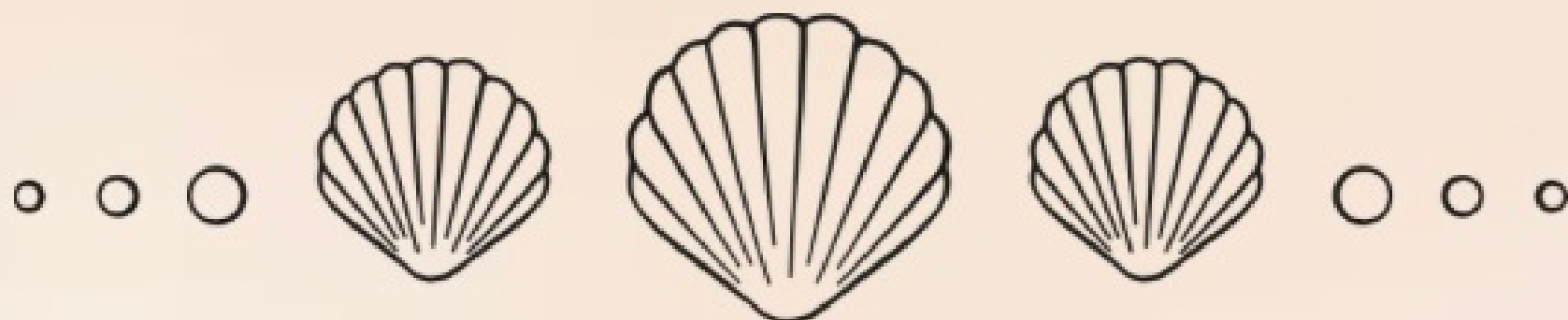
POEMS

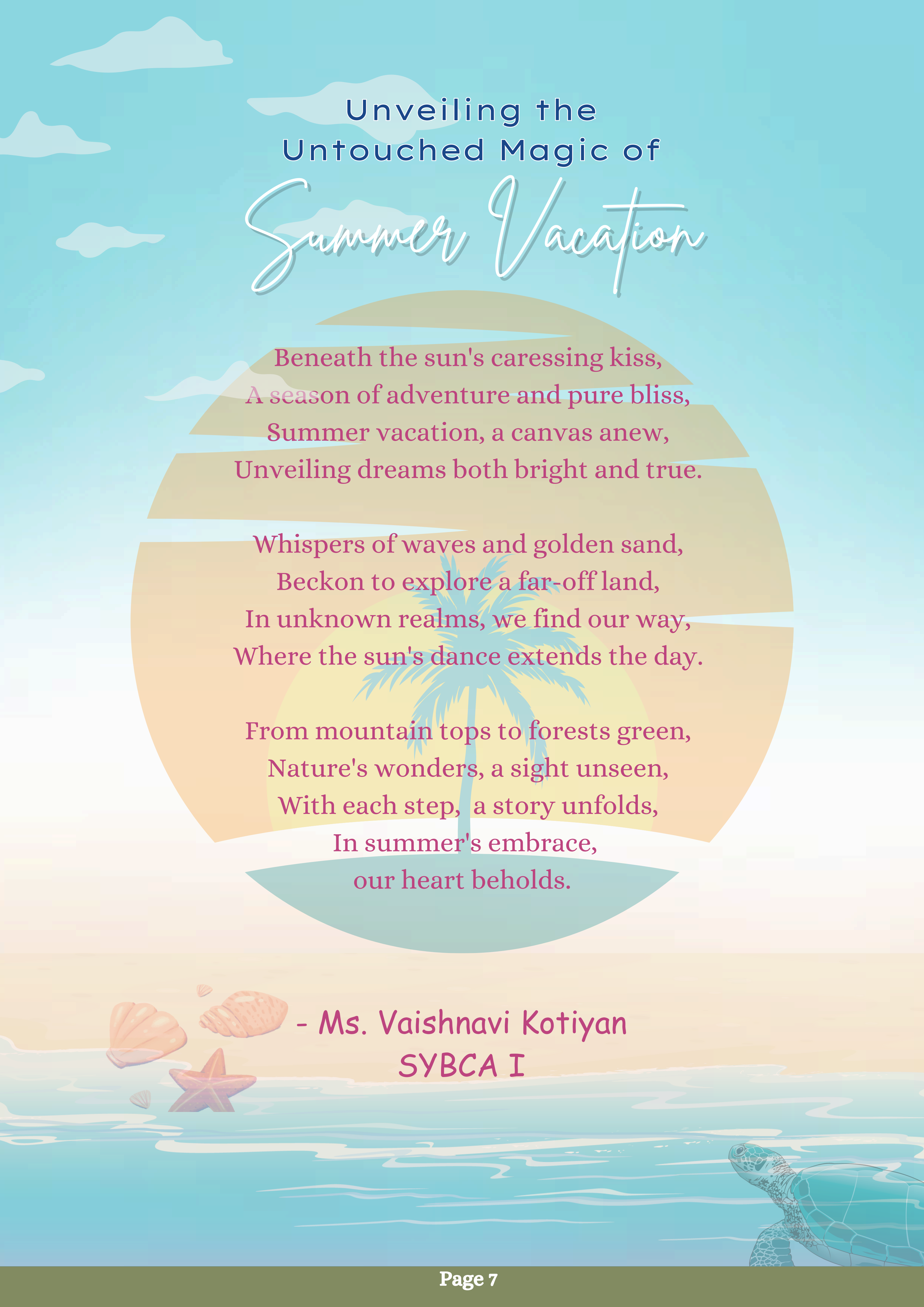
Summer – a Vacation

Summer, a vacation of fun,
Fun, a chance to meet with our cousins,
grandparents and everyone far from us,
Us, exploring all the places together we've never explored before,
Before, the summer ends,
Enjoying each and every bright and sunny days,
Days, we're all going to remember,
Remember, we had all the fun and enjoyment in the vacation of summer,
Summer, a vacation of excitement,
Excitement, we all need in our life,
Life, is full of remarkable memories,
Memories, we're all going to make in the summer,
Summer, a vacation we all love,
Summer, a vacation of relaxation,
Summer, a vacation of relief,
Summer, a vacation we all need.



- Ms. Tanishq Verma
TY BCA I





Unveiling the Untouched Magic of *Summer Vacation*

Beneath the sun's caressing kiss,
A season of adventure and pure bliss,
Summer vacation, a canvas anew,
Unveiling dreams both bright and true.

Whispers of waves and golden sand,
Beckon to explore a far-off land,
In unknown realms, we find our way,
Where the sun's dance extends the day.

From mountain tops to forests green,
Nature's wonders, a sight unseen,
With each step, a story unfolds,
In summer's embrace,
our heart beholds.

- Ms. Vaishnavi Kotiyan
SYBCA I



'YOU'

When I'm sad, when I'm hurting,
You just gleam above me,
You show me light even in the dark,
Oh, I see you distinctly!

Sometimes, I don't see you
But still, perceive your presence
Why are you playing with my heart?
When you know it's only you
I'll follow right down the river,
where the ocean meets the sky,
to you, only you
You are my shine,
You are my light,
Oh, dear Moon, it's only you!

- Ms. Vedanti Mhamunkar
SY B.Sc



इजहार...

हमारी सुबह उनके दीदार से शुरू और उनकी ख्वाबों से खत्म होती है...
उनकी हर एक याद हमारे सिरहाने सोती है..
उनके इत्र की वो भीनी-भीनी सी खुशबू हमारे इर्तगिर्त घूमती है...

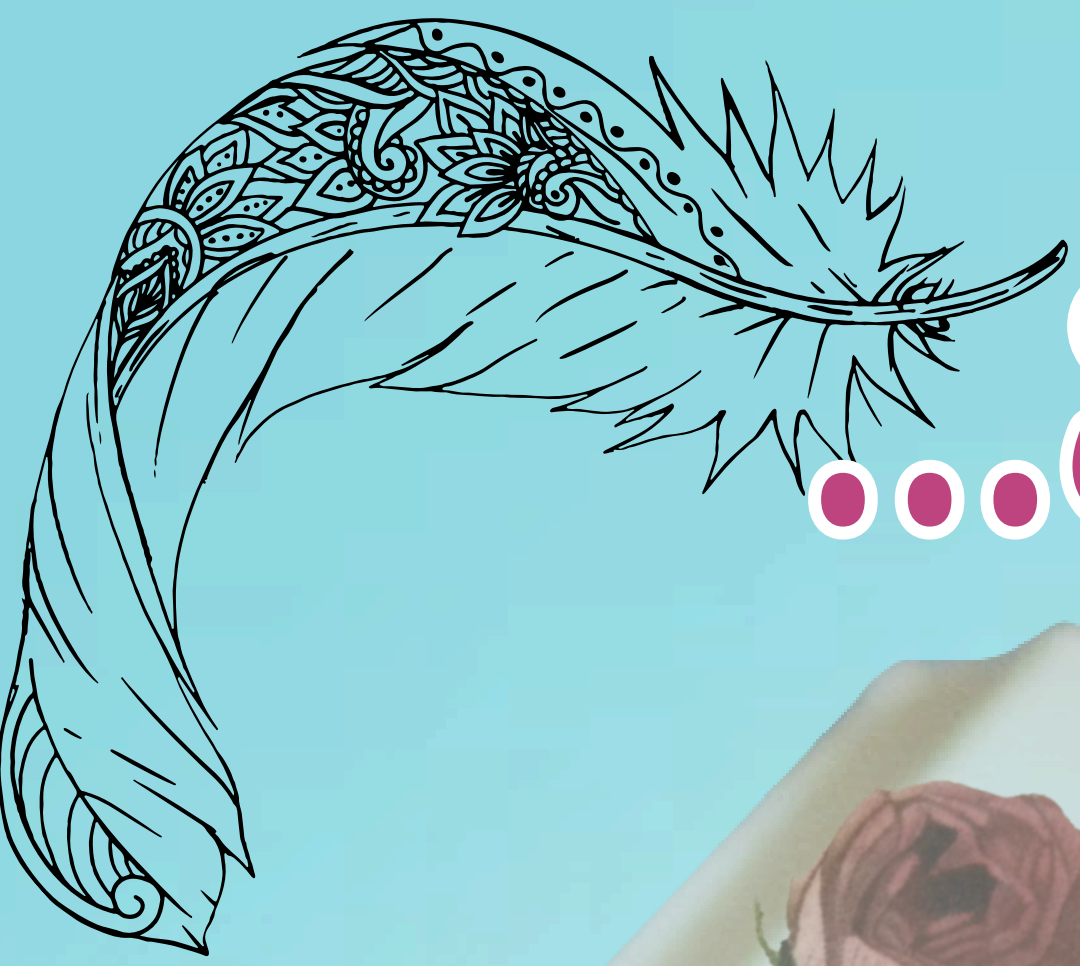
हर एक अदा उनकी जिन पे हम हमारा दिल हारे हैं..
वो अंजान है हमारी दीवानगी से,
हम उनपर जान निसार कर बैठे हैं..
कैसे जताये दिल का आलम,
हम उनसे प्यार कर बैठे हैं..

हमें प्यार है उनसे या उनके हर एक कतरे से?..
इजहार करे तो कैसे करें हम हमारी चाहत का,
डर सा लगता है उनके इनकार से..
हम चुप चुप के उनको खिड़कियों से निहारते हैं,
हर दफा उनको हम खुदा से मांगते हैं..
उनकी वो मासूम सी आँखें माशाअल्लाह
हम उनमें डूबे से रहते हैं..
कैसे जताये दिल का आलम,
हम उनसे मोहब्बत कर बैठे हैं..

शेहद सी उनकी मुस्कान पर हम जिंदगी की सारी खुशियां लुटा बैठे हैं,
हर वक्त उनसे मुलाकात करने के बहाने ढूँढते हैं..
किताबों को पढ़ने के बजाए हम बस उनको ही देखा करते हैं..
अब हमारे दोस्त, हमें उनके नाम से छेड़ने लगे हैं,
उनके नाम का जिक्र होते ही ना जाने क्यों हम शर्मने लगे है..
कैसे जताये दिल का आलम,
हम उनसे बेइंतहा मोहब्बत कर बैठे हैं..

जिंदगी के सफर में हमने उन्हें अपना हमसफर माना है..
कैसे करे हाल-ए-दिल बया, वो हमारे सामने आते हैं, हम सब कुछ भूल जाते हैं..
क्या बात है? पूछने पर..हम कुछ नहीं कहकर..बात को टालकर वहांसे चले आते हैं..
कैसे जताये दिल का आलम,
हम उनसे इश्क कर बैठे हैं..
कैसे जताये दिल का आलम,
हम उनसे इश्क कर बैठे हैं.....!!

By: Ms. PAYAL PATIL
SY.BSC



...SHAYARI...

Mohabbat e khuda behtar hain
mohabbat e yaar se ,
ke yaar toh ulfat rakhta hai har
chaar se
Magar Aala zarfi dekho uss rab ki
Jo har dafa maaf karta hai pyaar
se .

Tham gaya tha bhut pehle par
abhi bhi jaari hoon
Khud pe sawaar main khud ek
zimmedaari hoon
Muqammal hai har cheez daulat
se kehte hai saare
Unhe andaaza nahi ke main lafz
ka bhikari hoon.



Khushiya saath Reh kar bhi saath
nahi hoti
Gum mein rehne walo ki raat nahi
hoti
Unhe kaise bataye ke zikr toh
hota hain
magar baaton mein ab woh baat
nahi hoti.

Meri gunaaho ki duniya mein
shaam karde
Bas zarra barabar yeh kaam
karde
Kuch khaas ilteja toh nahi hai
meri
Apne farishton mein naam mera
aam karde.

Ms. Mehroz Khan

TYND

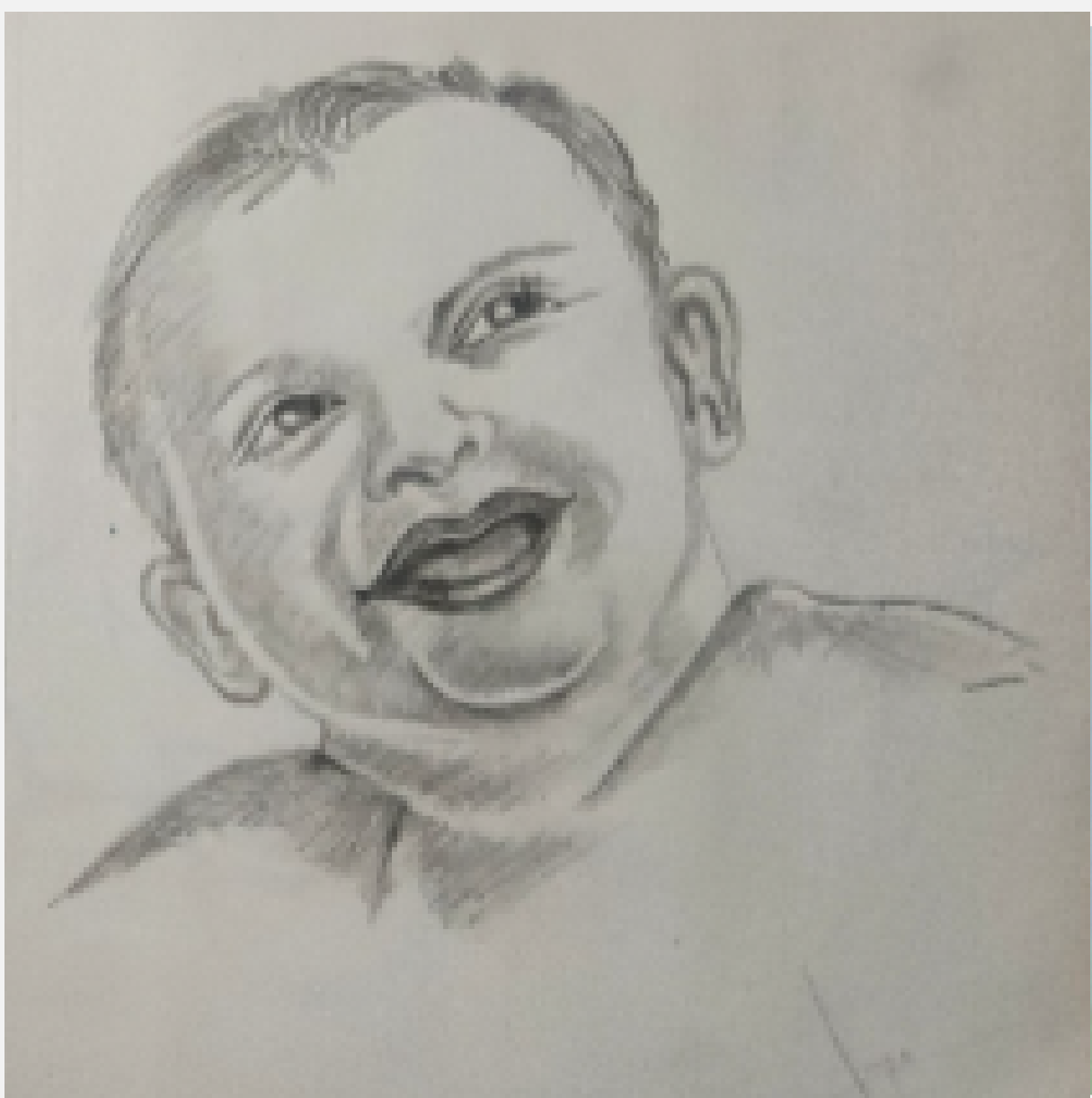


ARTWORK



Social media

The life of people nowadays, they are more busy with their phones, and instead of embracing life, they are spending more time on virtual platforms.
Take a break from social media!



Portrait of a baby

- Artwork By
Ms. Lavanya Oram
TY BCA II

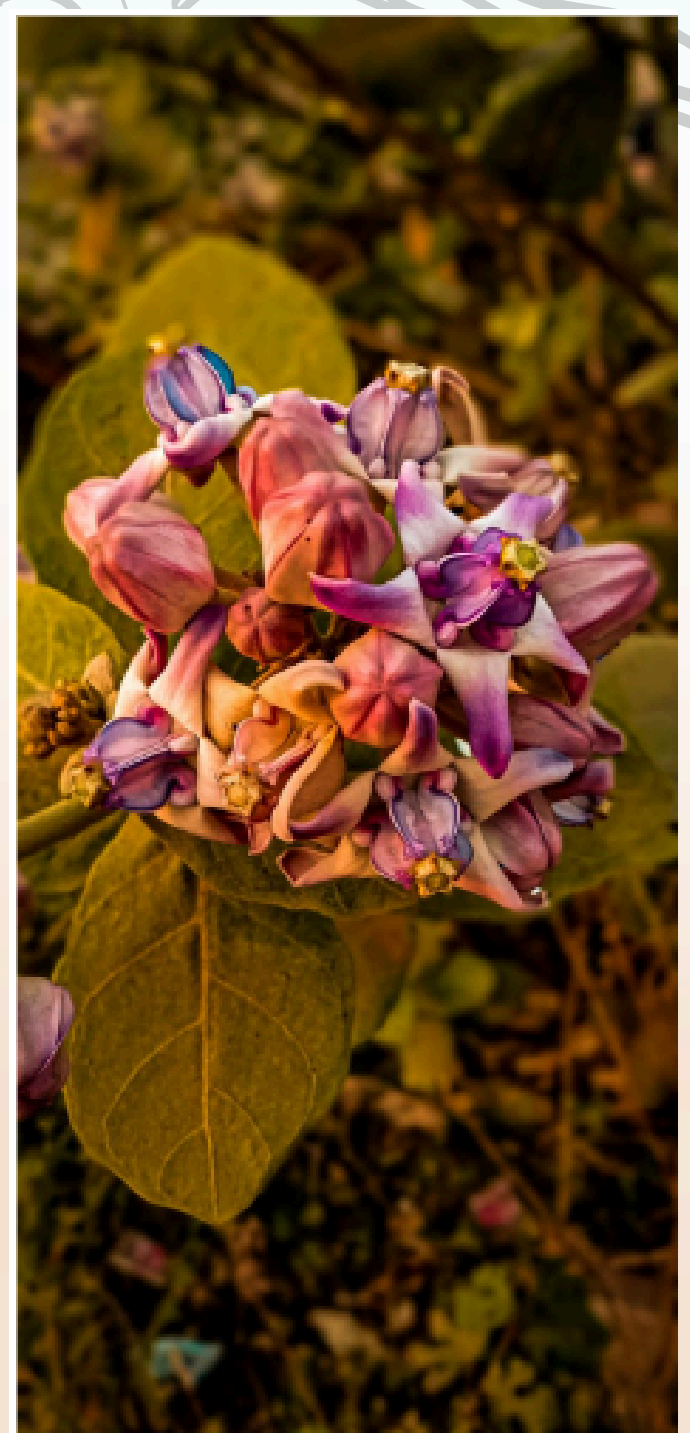
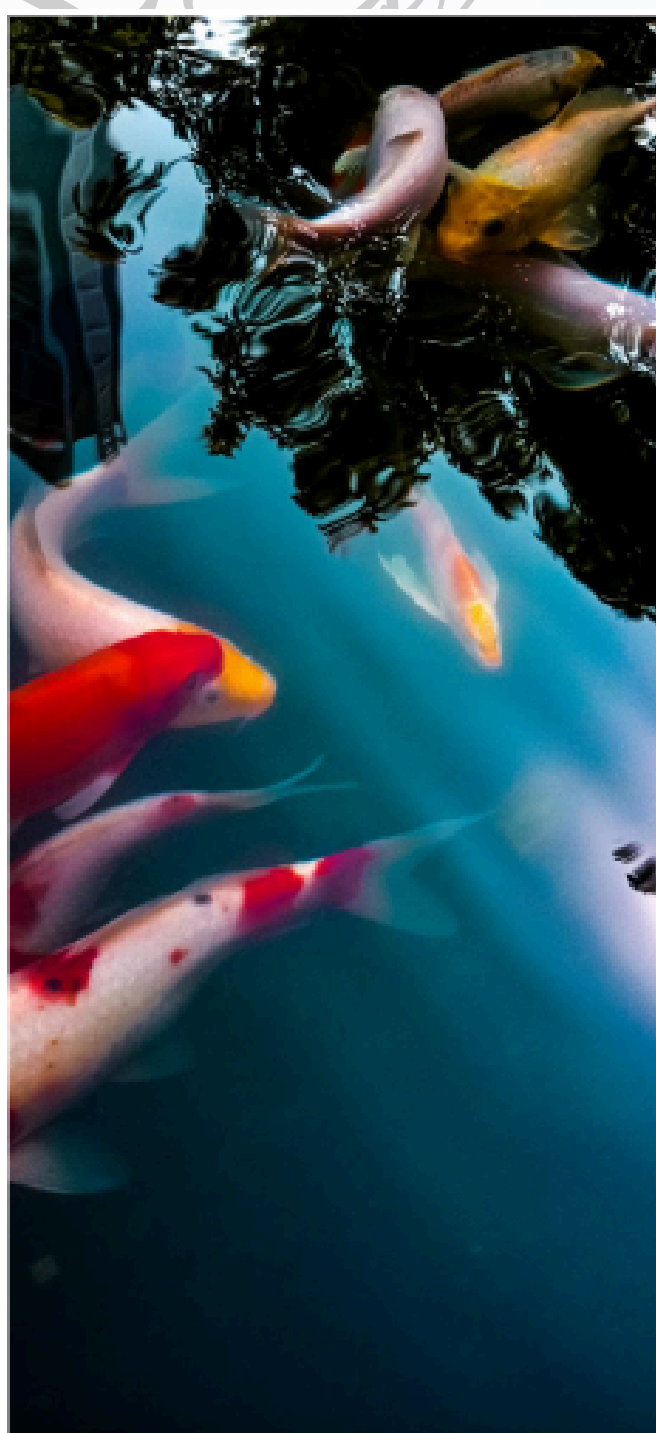
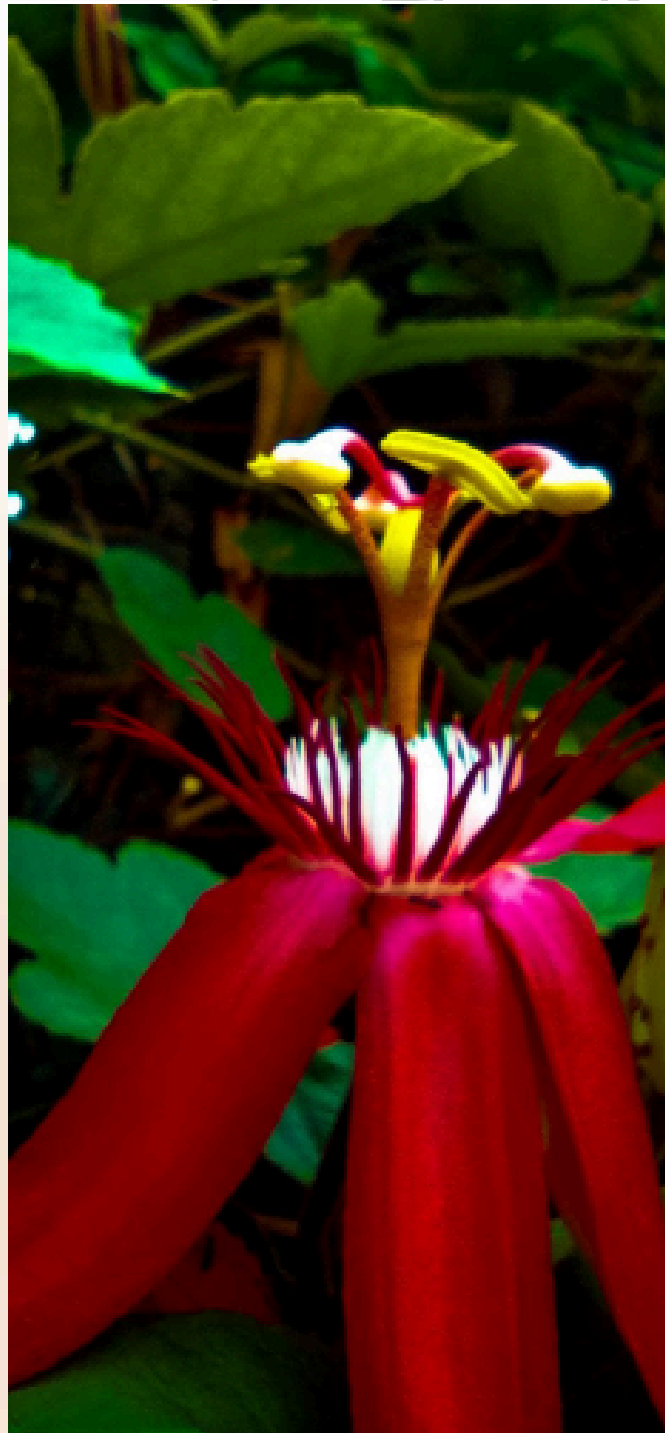
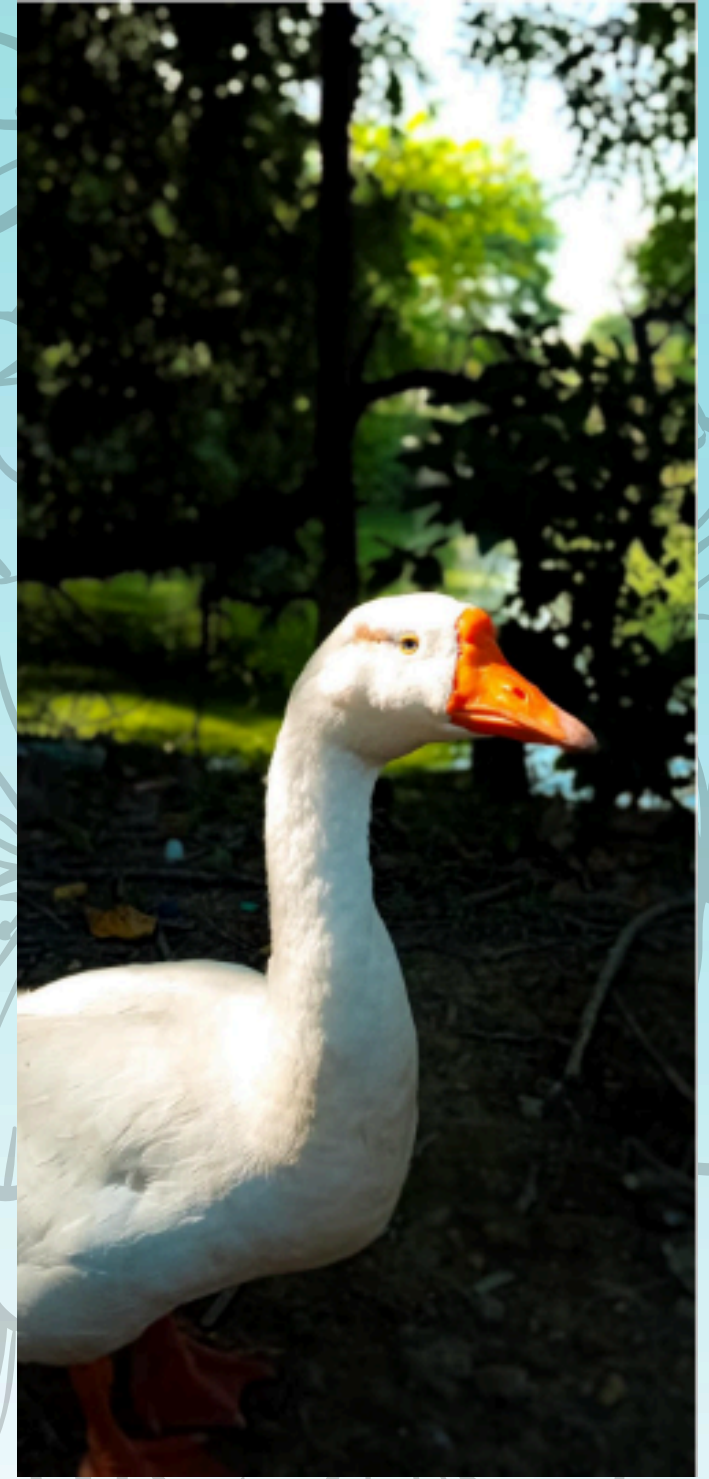
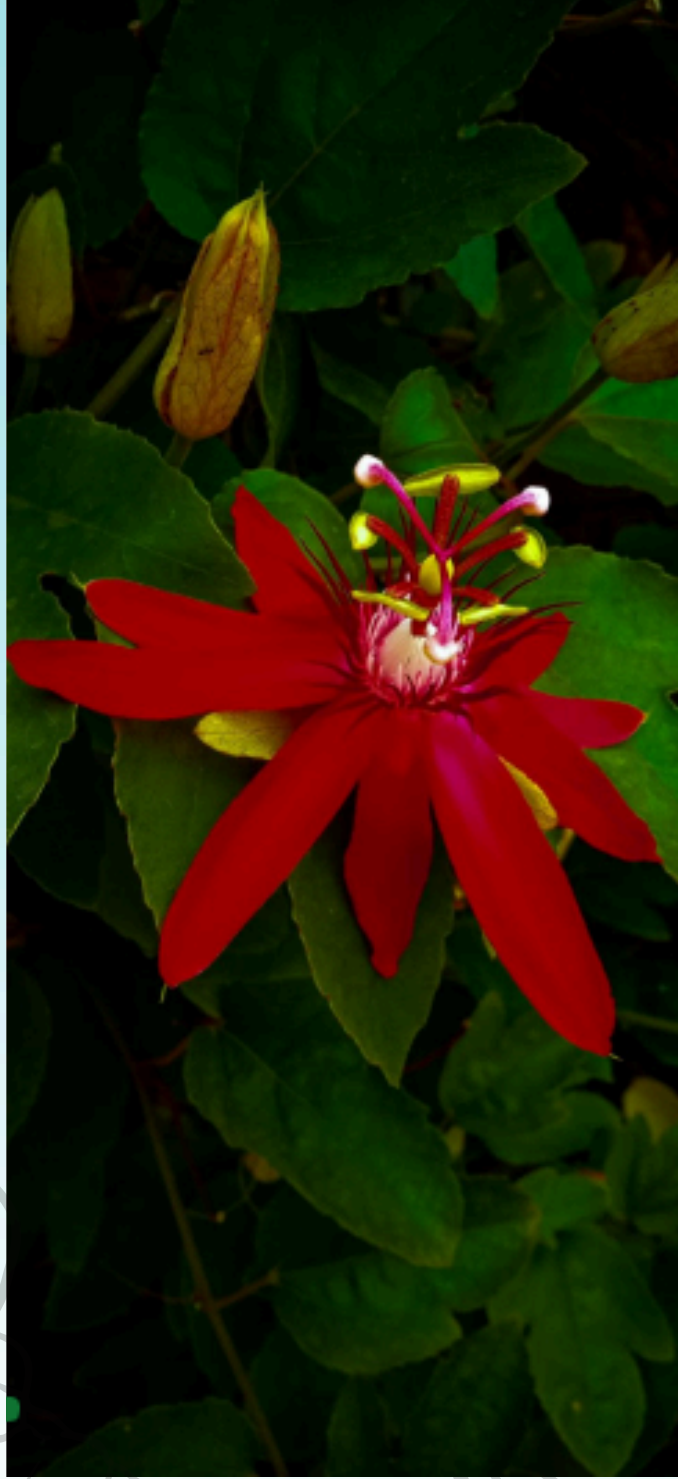
SUMMER VACATION DIARIES

***I love to live like a flowing river carried by
the surprise of its unfoldings!***



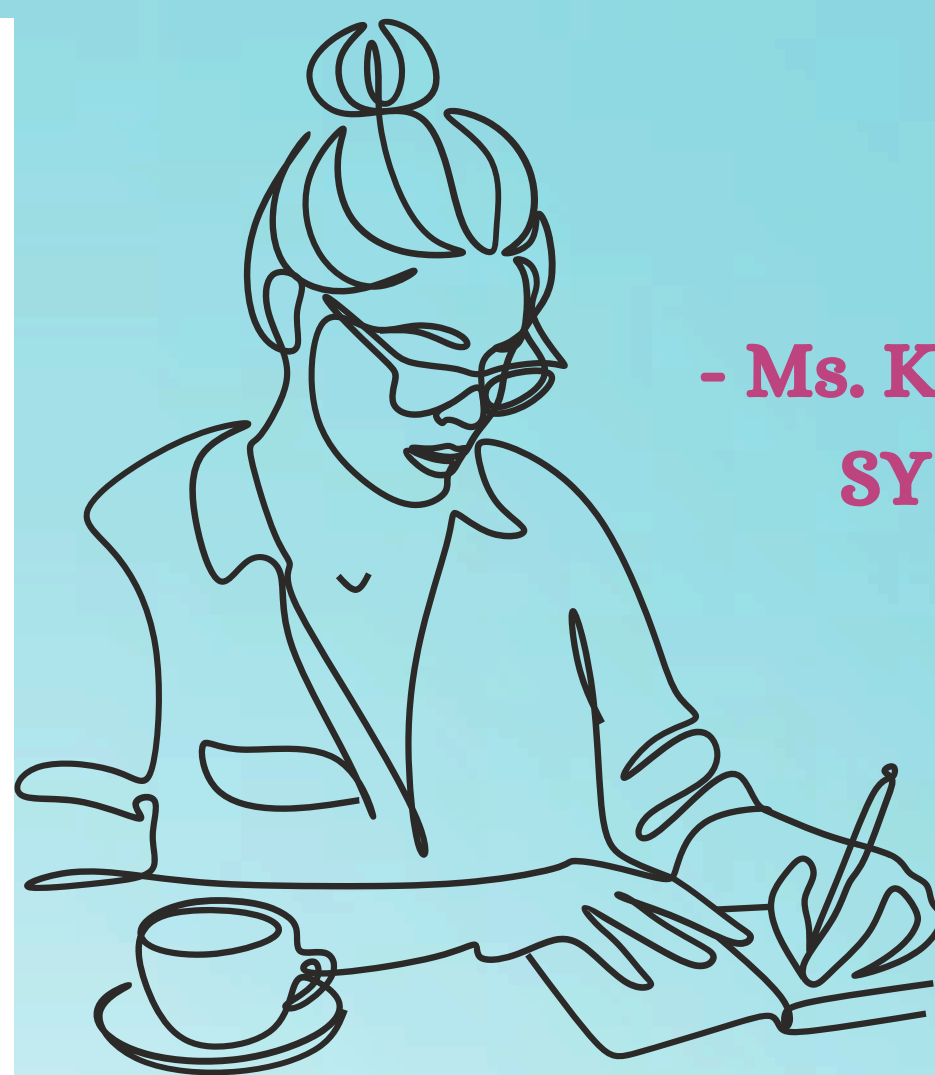
- Ms. Aastha Shah SYBCA I

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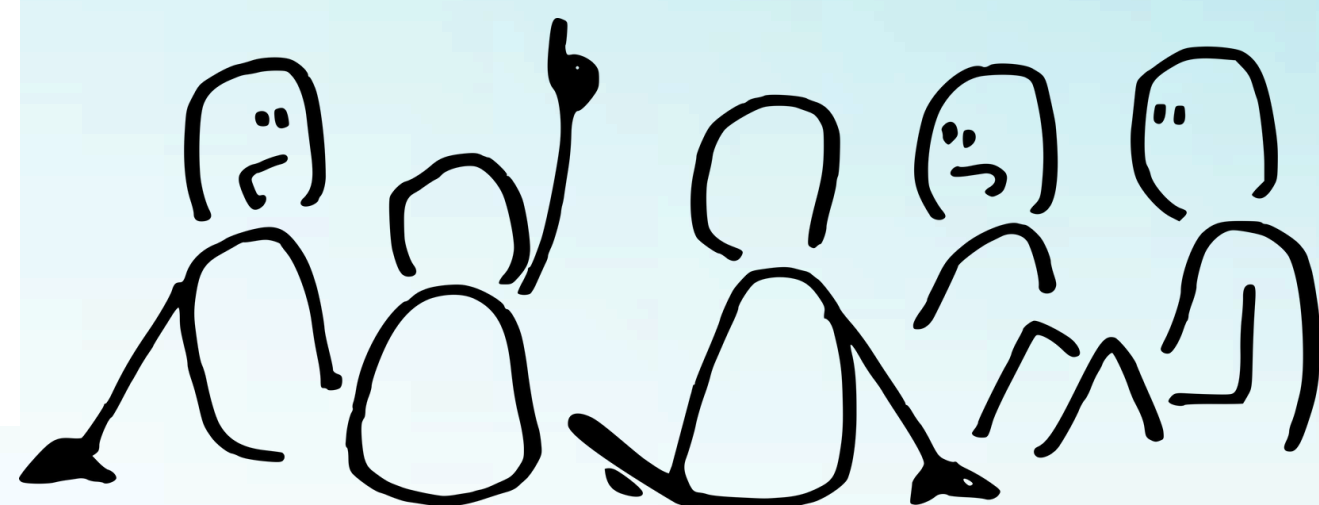


**-Ms. Tanishq Verma
TYBCA I**

Summer Vacation 2023



- Ms. Kimaya Patil
SY BCA II



SUMMER VACATION 2023

(THINGS I DID THIS VACATION)

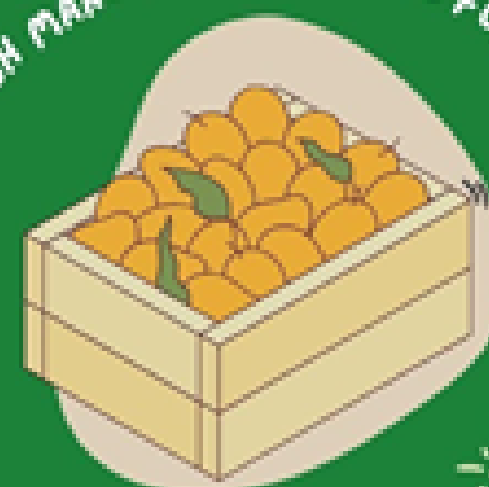
FOCUSED MORE ON MY HEALTH



PLANNED CONTENT FOR MY ART ACCOUNT



WISH MANGO SEASON LASTS FOREVER



UPSKILLED WITH INTERSHIPS



SPENT LOTS OF TIME WITH FAMILY & FRIENDS



CHERISH MOMENTS OF PEACE



◆ KIMAYA PATIL
SYBCA-2



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